



MVHS DAILY BULLETIN

Tuesday, March 26, 2024

This Week's Schedule

Monday	White Day - Regular Schedule
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - Early Release Schedule

MVHS Advisory Schedule

Time	Period
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch B
1:15-2:30	4th/8th

IMPORTANT DATES

- Early Release Days: March. 29
- Spring Break: April 1-5
- Last Day of School: Friday, June 21

UPCOMING ACTIVITIES & EVENTS

- Daily After School
- Boys & Girls Club:2:30-5:30pm,Cafet M-F
- Bulldog EDGE: M-R

TOMORROW IS THE LAST DAY TO ORDER YOUR SCIENCE NIGHT SHIRT!

We have MVHS Science Night T-shirts, long sleeves shirts and hoodies all with our vintage Science Night logo. You can order from our online store now through **March 27th**. All orders will be delivered to MVHS by April 12th and can be picked up at the science department.

Order here → [MVHS SCIENCE NIGHT T-SHIRT STORE](#)



THE NATIONAL HONOR SOCIETY

is a national high school organization that MVHS students can apply to if they have a 3.5 cumulative GPA or higher. This society meets once a month and are leaders on campus with a focus on demonstrating good character in and out of class as well as doing service projects on and off campus. Students pay \$10 yearly in dues, complete 40 hours of community service each year and can lead a project their senior year to earn a graduation cord. We host social events and guest-speakers at our meetings as well as celebrate college and scholarship applications and acceptances.

Students can apply to join the 2024-2025 National Honor Society **using your student email and chromebook by May 3rd, 2024** here: [MVHS NHS APPLICATION 2024-2025](#)

SENIOR CORNER

If you have not done so already, order your Cap & Gown today @ [JOSTENS](#).

If you recently were admitted to UW and want to attend a field trip to UW's Campus on 4/11, stop by the C&CC to pick up your permission slip! Space is limited.

IMPORTANT DATES

- Cap & Gown Distribution:** Thurs, April 11th in the Cafeteria during lunches.
- AVID Senior Night:** Thursday, May 16, MVHS
- Scholarship & Awards Night:** Tues., June 4, 5-8pm
- Senior Semester Finals:** June 6,7,10 & 11
- Senior Yearbook Distribution:** Thurs. June 10th
- Fines and Fees Due By:** Thursday, June 13, 3pm
- Graduation:** Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Fiber Arts Club - Thursdays, 2:45-4pm, CTE5
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafetería
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- Slavic Club-Mondays, 2:30-4pm, NM120
- TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

If you would like to receive the

MVHS DAILY BULLETIN

please click the button to subscribe:

[MVHS DAILY BULLETIN SUBSCRIPTION](#)

USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

MVHS SCIENCE NIGHT IS COMING UP!

Thursday, April 18 from 5-8 pm! All events are FREE! Come learn about Science Careers, do some hands-on Science Fun, see a planetarium show and watch Rocket Launching! We'll even have awesome local food trucks so you can buy dinner! [MVHS Science Night Website](#)

CINCO DE MAYO PARADE

On **Sunday, May 5th** from 5 to 6:30pm, MVHS's Latino in Action classes, the Lincoln Theatre, and the Mount Vernon Downtown association and are hosting the first annual Cinco de Mayo parade in downtown Mount Vernon! The parade will include our MVHS Mariachis Folkloricos group, bands, horses, floats and more. We are looking for entries cars floats, bands, and dance groups are encouraged to apply . No cost to enter the parade . Apply Here:

[LIA Downtown Cinco de Mayo Parade Online Application](#)

SNOW DAYS WILL BE MADE UP

Due to our snow days, we will be in school on **Tuesday, May 28th** and **Friday, June 21st**. Both of these days, originally Reserved Emergency Days, will now be school days for MVSD Students.

FROM THE COLLEGE AND CAREER CENTER

PIZZA WITH A PRO

Wed. 3/27, Lunch A & B: Come have pizza and listen to Gabriela Head, HR, of Janicki Industries. Learn about more about Janicki Industries - a world leader in innovative technology, research & development and manufacturing for a myriad of industries, including aerospace, defense, space, marine, architecture and more!

NEW FIELD TRIPS

Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

UPCOMING C & CC FIELD TRIPS

- 3/26 ■ College Planning Day at WWU ■ Juniors & Seniors ■ Slips Due 3/15
 - 3/28 ■ WSU/EWU Field trip Open ■ Juniors & Seniors ■ Slips Due 3/15
 - 4/11 ■ University of Washington ■ Juniors and Seniors ■ Slips Due 3/26
 - 4/17 ■ Men of Color in Higher Ed Summit ■ Juniors/Seniors ■ Slips Due 4/1
- Building community and Reimagining Modern Manhood. We are so excited to bring Carlos Andres Gomez to Skagit Valley College, for a keynote and workshop for Juniors and Seniors.

[High School and Beyond Plan and Naviance.](#)

MVHS COLLEGE & CAREER CENTER

PHONE NUMBER: 360.428.6256

MARCH 2024

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-MAR	5-MAR	6-MAR	7-MAR	8-MAR
Cheese Stuffed Breadsticks w/ Marinara Sauce	Mandarin Orange Chicken Steamed Rice	Spaghetti With Meat Sauce	Corn Dogs	Sloppy Joes
Fruit Snacks	Fortune Cookie	Breadstick	Chips	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
Pasta Bake	Beef Teriyaki Dippers and Steamed Rice	No School Non-Student, Non-Contract	Mashed Potato Bowl	Hot Ham & Cheese Sandwich
Roll	Fortune Cookie		Popcorn Chicken	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables		Corn and Gravy	Fresh Fruit
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk		Fresh Fruit and Vegetables	and Vegetables
			1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
Cheese Stuffed Breadsticks w/ Marinara Sauce	Mandarin Orange Chicken & Steamed Rice	Breakfast For Lunch Biscuit and Gravy	Chicken and Cheese Quesadilla	Chicken Bacon Ranch Burger
Fruit Snacks	Fortune Cookie	Omelette	Educational Cookie	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
Corn Dogs	Beef Teriyaki Dippers and Steamed Rice	Macaroni and Cheese with Roll	Sloppy Joes	Teriyaki Chicken Burger
Chips	Fortune Cookie	Dried Cranberries	Educational Cookie	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk

Meal Prices:

Elementary Breakfast
No Charge

Elementary Lunch
No Charge

Adult Lunch
\$5.00

Side Milk
unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions?

Call Cheyenne Walker, Food Services Director, at (360) 428-6149.



NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.