



MVHS DAILY BULLETIN

Wednesday, March 20, 2024

This Week's Schedule

Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Early Release Schedule
Thursday	White Day - Early Release / Conferences
Friday	White Day - Early Release Schedule

MVHS Early Release Schedule

Time	Period
8:00-8:55	1st/5th
9:00-9:55	2nd/6th
9:55-10:30	Lunch A
10:35-11:30	3rd/7th
10:00-10:55	3rd/7th
11:00-11:30	Lunch B
11:35- 12:30	4th/8th
12:35-1:30	9th/10th

IMPORTANT DATES

Early Release Days: March 20, 21, 22 & 29
 Spring Break: April 1-5
 Last Day of School: Friday, June 21

UPCOMING ACTIVITIES & EVENTS

Thursday, March 21
 →Conferences, 2-5pm & 6-8pm, Cafeteria
 →Grad Info Meeting, 6-7pm or 7-8pm, Auditorium

Friday, March 22
 →Multicultural Night, 5:30-8:30pm, Cafeteria

Daily After School
 →Boys & Girls Club:2:30-5:30pm,Cafet M-F
 →Bulldog EDGE: M-R

SPRING CONFERENCES TOMORROW, THURSDAY

Thursday, March 21st, we will be hosting Spring Conferences in the library and cafeteria of New Main from 2-5 pm and 6-8 pm. Please check in the New Main West Foyer upon arrival.

GRADUATION INFORMATION MEETING TOMORROW, THURSDAY, 3/21, 6-7PM OR 7-8PM

Seniors and their families are invited to attend either of these informational meetings. Come to the MVHS Auditorium and have your graduation questions answered.

SNOW DAYS WILL BE MADE UP

Due to our snow days, we will be in school on **Tuesday, May 28th** and **Friday, June 21st**. Both of these days, originally Reserved Emergency Days, will now be school days for MVSD Students.

MVHS SCIENCE NIGHT IS COMING UP!

is **Thursday, April 18** from 5-8 pm! All events are FREE! Come learn about Science Careers, do some hands-on Science Fun, see a planetarium show and watch Rocket Launching! We'll even have awesome local food trucks so you can buy dinner! [MVHS Science Night Website](#)

ATTENTION SENIORS!

If you recently were admitted to UW and would like to attend a field trip to UW's Campus on **April 11th**, stop by the College and Career Center to pick up your permission slip! Space is limited. This is an opportunity to view the campus, and get your admitted student questions answered!

SENIOR CORNER

SENIORS TO-DO LIST

- Order Cap & Gown if not done @ [JOSTENS](#).
- Complete the linked survey below to give input for Senior Class activities at the end of the year [Senior Activities Survey](#)

IMPORTANT DATES

Grad Info Meeting: Thurs, March 21st, Auditorium 6-7 pm or 7-8 pm for students & parents

Cap & Gown Distribution: Thurs, April 11th in the Cafeteria during lunches.

AVID Senior Night: Thursday, May 16, MVHS

Graduation: Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
 Club Prism-Thursdays, 2:45pm, OM308
 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
 DECA Club - Tuesdays, 2:45pm, NM120
 FBLA - Mondays at 2:35pm in NM221
 Fiber Arts Club - Thursdays, 2:45-4pm, CTE5
 Gaming Club - White Thurs's, NM120, 2:45-4pm
 K-Pop Club - Mondays, OM 214, After School
 Key Club- E.R. Wednesdays, 12:45-1:30, N206
 Korean Culture Club - Tuesdays, 2:35, OM308
 LUCHA - Thursdays, at 2:30, Cafetería
 Migrantes Unidos - Tuesdays, at 2:45, C&CC
 PIA - Thursdays, 2:45-4PM, OM 113
 Project Peace - Tuesdays, 2:30-3pm, CTE 1
 Robotics Team - Mon's & Fri's, 2:35-6pm, S110
 Skills USA- Thursdays, 2:35pm, NM220
 Slavic Club-Mondays, 2:30-4pm, NM120
 TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191
 Sports Schedules and Event Information

Attendance Office: 360-428-6153
 Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156
 Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147
 Bus and Schedule Information

If you would like to receive the

MVHS DAILY BULLETIN

please click the button to subscribe:

[MVHS DAILY BULLETIN SUBSCRIPTION](#)

USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA AND MORE?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

STUDENT JOBS, INTERNSHIPS & VOLUNTEER OPPORTUNITIES

If students are interested, click on the College & Career Center link to opportunities for students [Student Opportunities](#)

MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here: [MVHS Calendar of Events](#)

SHOULD MY STUDENT COME TO SCHOOL TODAY?

For helpful answers, look here: [When to stay home from school](#)
 Please contact your school's attendance office to report absences. If your child is sick for 3 days or more, the school nurse recommends a doctor visit.

FROM THE COLLEGE AND CAREER CENTER

NEW FIELD TRIPS

Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

[UPCOMING C & CC FIELD TRIPS](#)

3/21 ■ Student of Color Conference ■ Juniors & Seniors ■ Slips Due now
 3/26 ■ College Planning Day at WWU ■ Juniors & Seniors ■ Slips Due 3/15
 3/28 ■ WSU/EWU Field trip Open ■ Juniors & Seniors ■ Slips Due 3/15
 4/11 ■ University of Washington ■ Juniors and Seniors ■ Slips Due 3/26
 4/17 ■ Men of Color in Higher Ed Summit ■ Juniors & Seniors ■ Slips Due 4/1
 Building community and Reimagining Modern Manhood. We are so excited to bring Carlos Andres Gomez to Skagit Valley College, for a keynote and workshop for Juniors and Seniors.

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256

MARCH 2024

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-MAR Cheese Stuffed Breadsticks w/ Marinara Sauce Fruit Snacks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	5-MAR Mandarin Orange Chicken Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	6-MAR Spaghetti With Meat Sauce Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-MAR Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-MAR Sloppy Joes Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
11-Mar Pasta Bake Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	12-Mar Beef Teriyaki Dippers and Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	13-Mar No School Non-Student, Non-Contract	14-Mar Mashed Potato Bowl Popcorn Chicken Corn and Gravy Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Mar Hot Ham & Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
18-Mar Cheese Stuffed Breadsticks w/ Marinara Sauce Fruit Snacks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	19-Mar Mandarin Orange Chicken & Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	20-Mar Breakfast For Lunch Biscuit and Gravy Omelette Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-Mar Chicken and Cheese Quesadilla Educational Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-Mar Chicken Bacon Ranch Burger Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
25-Mar Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	26-Mar Beef Teriyaki Dippers and Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	27-Mar Macaroni and Cheese with Roll Dried Cranberries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Mar Sloppy Joes Educational Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-Mar Teriyaki Chicken Burger Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk

Meal Prices:

Elementary Breakfast
No Charge

Elementary Lunch
No Charge

Adult Lunch
\$5.00

Side Milk
unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions?

Call Cheyenne Walker, Food Services Director, at (360) 428-6149.



NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.