



MVHS DAILY BULLETIN

Monday, January 22, 2024

This Week's Schedule

Monday	Green Day - Regular Schedule
Tuesday	White Day - Finals Schedule (5th/7th)
Wednesday	Green Day - Finals Schedule/Early Release (1st/3rd)
Thursday	White Day - Finals Schedule (6th/8th)
Friday	Green Day - Finals Schedule (2nd/4th)

MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th

IMPORTANT DATES

- Early Release Days: January 24
- Semester Finals: January 23-26
- No School-Non Student Day: Monday, Jan. 29
- Second Semester Starts: Tuesday, Jan 30
- Winter Assembly: February 2nd
- Winter Formal: Feb 10; 7-10, MVHS cafeteria

UPCOMING ACTIVITIES & EVENTS

- Daily
- Boys & Girls Club: 2:30-5:30pm, Cafet M-F
- Bulldog EDGE: M-R
- Tuesday, January 23 - Wednesday, January 24
- Semester Finals

SENIOR INFORMATION

Seniors, be sure to complete your [High School and Beyond Plan](#). All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

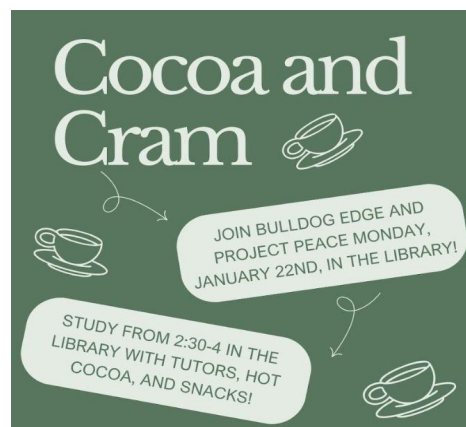
Senior Recognition Ads:
can be purchased by **2/2/24** online.
Click here: [Yearbook Rec Ad Link](#)

Senior Parent Information
Watch the video below to learn more about the college application process for your senior.
[Video](#) & [Presentation for Reference](#)

Graduation Day: Friday, June 14th, 10AM,
Angel of the Winds Arena in Everett

PROJET PEACE CLUB MEETS TODAY!

Project Peace, MVHS' mental health awareness club, is hosting Cocoa & Cram during Bulldog Edge on today,, Jan. 22. Tutors, snacks, & hot cocoa will be available in the library from 2:30-4:00 for a last minute study session for finals. There will be a late bus as usual if you need transportation home. See you there!



ITS VALENTINE CANDY GRAM TIME

On Sale Wednesday 24th through Friday 26th for \$2 during lunches at the cafeteria.

MVHS WINTER FORMAL DANCE

Saturday, February 10, from 7-10pm in the MVHS Cafeteria. Tickets are \$15 pre-sale and \$20 at the door. Watch for ticket sale dates and information.

ATTN: GIRLS WHO CODE

This is an opportunity for a free virtual summer program open to all 9-12 grade girls, or those who identify as non-binary. This is a free program for students of all abilities, whether you have coding experience or not. Students who enroll, learn new coding skills in game design, web design, cybersecurity, data science, and artificial intelligence. For those who don't have technology, the Girls Who Code workshop offers financial support. Students who apply by February 14, 2024 will receive priority consideration. The application deadline is **March 22, 2024**. Please reach out to any CTE technology teacher for additional information or Ms. Zimmer or Baughn in the College and Career Center

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafeteria
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

If you would like to receive the
MVHS DAILY BULLETIN

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USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

YEARBOOKS ON SALE

Yearbooks are on sale through 2/20/2024. They are \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase yours at the ASB office or via your Skyward Family Access account under Fee Management or order over the phone with a credit card at 360-428-6174.

FINANCIAL AID COMPLETION Workshops



Bulldogs, need help with the FAFSA/WASFA application? Join us for the following events where experts can help you get started and answer any questions.

Workshop 1

When: January 31, 2024
At: Skagit Valley College,
2405 E College Way, Lewis Hall Rm L205
Time: 6:00 PM-7:30 PM



Workshop 2

When: February 7, 2024
At: Mount Vernon High School
in Cafeteria
Time: 6:00 PM-7:30 PM



MOUNT VERNON BULLDOGS

Additional Resources to help:

- *MVHS College & Career Center-360.428.6256
- *WASAC OtterBot- Text "Hi OtterBot" to 360-634-0354 (Parents)
Text "Hi OtterBot" to 360-928-7281 (Students)
- *WASAC 12th Year Campaign Events - wsac.wa.gov/12th-year-campaign



FROM THE COLLEGE & CAREER CENTER

GEAR UP is taking 11th and 12th graders to the Learning with Leaders event at Skagit Valley College on February 1st. It is an event featuring Career Workshops co-led by local professionals and college professors. They will be featuring Information Technology, Healthcare, and Advanced Manufacturing. Permission slips are in the College and Career Center. Please stop by with any questions.

GEAR UP and CSF are taking 11th and 12th graders to the Students of Color Conference at Everett Community College on March 21st. If you are interested in attending please come by the College and Career Center for the permission slip and to register for the event no later than January 31st. Please stop by with any questions.

College and Career Readiness = High School & Beyond Plan + Naviance:
To graduate from high school, the State of WA requires all students develop a High School and Beyond Plan that represents what students learned about their skills, interests and goals for post high school. The Mount Vernon School District has partnered with Naviance to help students develop such a plan from middle school throughout high school. Please click on the below link to learn more:

[High School and Beyond Plan and Naviance.](#)

MVHS COLLEGE & CAREER CENTER
PHONE NUMBER: 360.428.6256

JANUARY 2024

Mount Vernon High School
Special
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
Happy New Year	Hot Ham and Cheese Sandwich	Teriyaki Beef Dippers	Chicken Alfredo	Meat Ball Sub Sandwich
	Chips	Steamed Rice & Veggies	Roll	Chips
	Fresh Fruit and Vegetables	Fortune Cookie	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	Fresh Fruit	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Mandarin Orange Chicken	Hot Ham and Cheese Sandwich	Breakfast for Lunch	Corndogs	Baked Potato Bar
Steamed Rice	Chips	Breakfast Sandwich	Chips	
Fortune Cookie	Fresh Fruit	Hash Brown Patty	Fresh Fruit	Fresh Fruit
Fresh Fruit & Veggies	and Vegetables	Fresh Fruit & Veggies	and Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
NO SCHOOL MLK Day!	Cheese Stuffed Breadsticks w/ Marinara Sauce	Mac and Cheese	Teriyaki Beef Dippers	Sausage Dogs with Fried Peppers and Cheese
	Fruit Snacks	Roll	Rice & Veggies	and Cheese
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Mandarin Orange Chicken	Corn Dogs	Cheese Stuffed Breadsticks & Tomato Soup	Chicken Bacon Ranch Burger	Meat Ball Sub Sandwich
Steamed Rice & Veggies	Chips	Goldfish Crackers	Chips	Chips
Fortune Cookie	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	and Vegetables	and Vegetables	and Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk

Meal Prices:
Elementary Breakfast
 No Charge
Elementary Lunch
 No Charge
Adult Lunch
 \$5.00
Side Milk
 unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

This institution is an equal opportunity provider and employer.
 Menu subject to change without notice.
 Questions? Call David Connors, Food Services Director at (360) 428-6149

Important News:
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.
 The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

