



MVHS DAILY BULLETIN

Friday, June 2, 2023

This Week's Schedule

Monday	No School - Memorial Day
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule Senior Finals 1st/3rd
Friday	White Day -Regular Schedule Senior Finals 5th/7th

MVHS Regular Schedule 5th & 7th Period Finals Schedule

Time	Period
8:00-9:25	5th-FINAL
9:30-10:55	6th
11:00-11:30	Lunch A
11:35-1:00	7th
11:00-12:25	7th-FINAL
12:30-1:00	Lunch B
1:05-2:30	8th

CLASS OF
2023
SCHOOL DAYS
COUNTDOWN

3

Remaining
School Days

11

IMPORTANT DATES

- Yearbook Delivery Dates: June 5-9
- MVHS Graduation: Friday, June 9, 2023
- 9th-11th Grade Finals: Tue, June 13 - Fri, June 16
- Early Release Days: Friday, June 16
- Last Day of School: Friday, June 16, 2023

UPCOMING ACTIVITIES & EVENTS

- Thursday, June 1 - Tuesday, June 6:**
 - Senior Finals
- Thursday, June 1:**
 - Pizza w/a Pro-Seattle City Lights, 2nd Lunch Only
 - Last NHS Meeting, 2:40pm, Auditorium
- Friday, June 2**
 - Pizza w/a Pro-Skagit Valley Hospital: Interpreters
 - Unified Dance Night, 3:30-5pm, Cafeteria
 - Finale Choir Concert, 7pm, McIntyre Hall, SVC
- Monday, June 2:**
 - Pride Club-LGBTQ+ Info Night, 2:45-3:45pm, OM308
 - No Bulldog EDGE today.
- Tuesday, June 6:**
 - Seniors-Help with SVC App, C&C Center, Lunches
- Monday, June 12:**
 - Pride Club-LGBTQ+ Info Night, 2:45-3:45pm, OM308

SUMMER ACTIVITES FOR STUDENTS

- Free Gym Memberships for Teens- [PLANET FITNESS](#)
- Skagit Transit New [Youth Ride Free Program](#)

Unified Dance Night!

Tomorrow, Friday, June 2nd, 3:30-5pm, in the MVHS Cafeteria. This is an inclusive, free event for people of all ages and abilities with a Mario World theme! Hope to see you there!

Seniors -

Do you need help with your SVC Application for Fall Quarter? Stop by the 11/12th C&C Center on **Tue, 6/6, lunches.**

Bulldog EDGE will not be held **Tuesday, June 6th**

Hello Bulldog Community!

As we all know, this past year has been stressful for staff, students, and families! The campus is still recovering from COVID closures, but is beginning to feel normal once again.

With this in mind, MVHS wants to participate in a tradition taking place nationwide to reduce stress- emotional support dogs! Numerous [studies](#) and research projects have shown these dogs can help improve the mental health of people, and especially students! On June 2nd, when seniors are entering finals week and the rest of the school is preparing for finals, we are inviting a local organization called "[Dogs On Call](#)" to help us by bringing in some of their dogs to the friendship circle during all lunches!

However, we also recognize that not all students will be comfortable around animals! Students who are allergic to dogs or have phobias/fears of dogs are respectfully asked to avoid the friendship circle during lunches on these days, if possible! There will still be space outside for these students, such as the picnic tables nearby the student store and CTE building, or (for students who are comfortable hearing/seeing the dogs from a distance) the other picnic tables surrounding the friendship circle! And, the dogs will be staying outside during these days, so the cafeteria will remain completely safe!

Thank you for your participation and help! We hope this project goes well, and to see some of you outside on the 2nd!

Thank you!

ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

MVHS CLUBS

ART Club - meets Tues/Thurs, 2:30-4, AG1

AVID Club - every other Monday, CTE-1, 2:40

Debate Team - Mon/Tue, 3-5pm, Admin 114

DECA - Tuesdays, 2:30PM, N102

FBLA - Mondays, 2:35PM, CTE 9

FCCLA - meets Mondays, 2:45 pm, NM321

FFA - Mondays, 2:40pm, in CTE2

Gaming Club - White Thursdays, 2:30-4pm, N120

Garden Club - Every other Thurs, 2:30pm, CTE-2

Key Club - Weds, Early Release, 2:45pm, N206

LUCHA Club - Thursday's at 2:30 in NM223

Migrantes Unidos MV - Tuesdays, 2:45pm, OM114

Outdoor Leadership - Frid's, 2:40pm, Friendship Cir

Pacific Islander Assoc. - Thurs, 2:45 pm, OM 108

Pride Club - Mondays, 2:45pm, OM308

Robotics Team - Tues/Fri, 3:30- 6:30 in CTE 10

Slavic Heritage Language Club - Mon, 2:30pm, CTE

TSA - meets Thursdays, 2:45pm, CTE 6

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

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Class of 2023

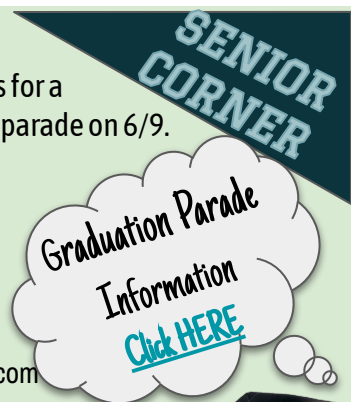
The [Evergreen Beauty College](#) invites MVHS Seniors for a Free Haircut OR a Free Shampoo & Style before the parade on 6/9. Call to schedule (360) 755-6446

[Class of 2023 Graduation Guide](#)

[Senior Graduation Meeting Presentation](#)

MVHS Graduation Checklist

- ORDERED CAP & GOWN. IF NOT GO TO: [jostens.com](#)
- PICKED UP CAP & GOWN
- FINES AND FEES PAID BY JUNE 9 @ NOON TO ASB
- LIBRARY ITEMS RETURNED IN BY MAY 31, Library Books/Items, Textbooks, Chromebooks
- FINAL CHECKOUT/ PICK UP GRADUATION TICKETS, 6/7-6/9



Important Dates For Seniors:

June 1, 2, 5 & 6: Senior Semester Finals. Return textbooks/chromebooks used for finals on completion.

Jun 7-9: Senior Check Out

- Wednesday, June 7th, 10 am-3pm
- Thursday, June 8th, 7am-3pm
- Friday, June 9th, 7am-12pm

Wed, 6/7:

- Graduation Practice: at 8am in the MVHS Gym
- Moving Up Assembly, 9:15-10:15 am, MVHS Gym
- Senior Sunset, 8:30pm, football field, treats
- Senior Yearbook Distribution during lunches

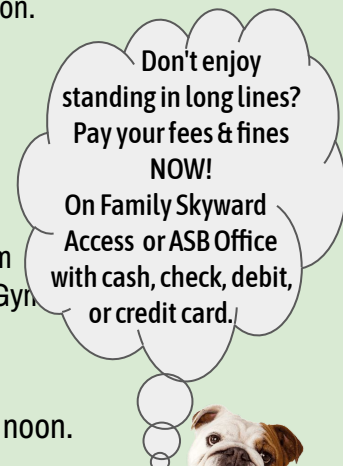
Frid, 6/9: Last day to pay fines & fees. Pay by noon.

Frid, June 9, Graduation Day:

- **Senior Sunrise Breakfast** 8:30-9:30am in the cafeteria.
- **Parade** begins at 10am at the City Library.
- **Graduates load bus** at 9:30am with cap and gown for parade
- **Seniors arrive** at Angel of the Winds Arena, 5:30pm
- **Ceremony** at 7PM at [Angel of the Winds Arena](#),

2000 Hewitt Avenue, Everett, Washington

[New Bag Policy](#)



Senior High School & Beyond Plan Completion Assistance

ALL seniors must have completed the High School & Beyond Plan requirements in Naviance in order to graduate!

Seniors cannot checkout if the High School & Beyond Plan is incomplete, even if all other requirements have been met.

Any seniors that need help finishing, please stop by the College & Career Center from 2:30 - 3:00 on Thursday 6/1 or Friday 6/2



June 2023

Mount Vernon High School Special Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29-MAY	30-MAY	31-MAY	1-JUN	2-JUN
MEMORIAL DAY! No SCHOOL No FOOD SERVICES	SPAGHETTI WITH MEATSAUCE	SWEET CHILI CHICKEN RICE BOWLS	FETTUCINNE ALFREDO	BEEF TERIYAKI BOWL WITH RICE
	GARLIC BREAD	BROCCOLI & CARROTS	BREAD STICKS	AND BROCCOLI
	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES
	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
5-JUN	6-JUN	7-JUN	8-JUN	9-JUN
BAKED POTATO CHILI W/CORNBREAD	SPAGHETTI WITH MEATSAUCE	<i>Eat Local Day</i> FRESH HOMEMADE BBQ PULLED PORK	MACARONI AND CHEESE	BEEF TERIYAKI BOWL WITH RICE
FORTUNE COOKIE	GARLIC BREAD	HOMEMADE COLE SLAW	ROLLS	AND BROCCOLI
FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
12-JUN	13-JUN	14-JUN	15-JUN	16-JUN
BAKED POTATO WITH CHILI	SPAGHETTI WITH MEATSAUCE	SWEET CHICKEN CHILI	FETTUCINNE ALFREDO	COOKS CHOICE
CRAKER OR BREAD	GARLIC BREAD	RICE BOWLS WITH BROCCOLI AND CARROTS	BREAD STICKS	FRUIT
FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH VEGGIES
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



Summer Meal Service - Free for any child 18 and under. Breakfast & Lunch.

Mount Vernon High School June 26 - August 5th.
Monday- Thursday. Closed Fridays. Closed July 4th.
Skagit Valley College July 11th - August 10th.
Monday- Thursday. Closed Fridays.

** Times TBD

MEAL PRICES:
ELEMENTARY BREAKFAST & LUNCH: NO CHARGE
ADULT LUNCH & SALAD BAR: \$5.00
SIDE MILK: \$0.75

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENU SUBJECT TO CHANGE WITHOUT NOTICE. **QUESTIONS? CALL DAVID CONNORS FOOD SERVICES DIRECTOR, AT (360) 428-6149.**

Enjoy your summer!



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MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.