



# MVHS DAILY BULLETIN

Tuesday, November 8, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	No School - Veterans Day

Today's Bell Schedule	
Time:	Class Period:
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-11:50	3rd/7th
11:55-12:25	Lunch B
12:30-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch C
1:15-2:30	4th/8th

## Important Dates

- Picture Retakes/Make-Up: November 10
- Veterans Day-No School: Friday, November 11
- Winter Sports Start: Monday, November 13
- November Early Release Days: Nov. 16, 23
- Thanksgiving Break-No School: Nov 24 & 25
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023

## Upcoming Activities & Events

- Tuesday, November 8
  - ▶AWAY Games
  - V Girls Bowling at BHS at 3:15pm, Riverside Lanes
- Thursday, November 10
  - ▶Junior Fall Hangout, 2:45-4pm, NM W. Foyer

## Senior Corner

### Senior Yearbook Ads

The final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

### Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at [pzimmer@mvsd320.org](mailto:pzimmer@mvsd320.org) or by phone at 360.428.6256.

## Interested MVHS Wrestling program?

**Boys** interested, please come meet your coach in the Mat Room on Wednesday November 9th at 2:30 PM

## Girls Basketball Begins November 14

If you plan to play, you must be signed up in [Final Forms](#). If you need assistance with Final Forms please contact the Athletics Office, Coach Hagg or Coach Hazelwood.

## Thursday, November 10th

### Last Day for Picture Make-Ups & Retakes

There are a lot of students who have not had their picture taken yet. Students will not only be able to get into games for free without an ASB card, but they will also not appear in the yearbook. Pictures begin at 8am and finish at 3pm in alpha order on Thursday, November 10. Schedule will be available.

## Voting for the Design of the All School T-Shirt Is Now Open!!

**Voting closes TODAY, Tuesday, 11/8** after advisory. Make your choice known by casting your ballot. The top 6 designs will move on to the next round of voting. Your ASB can't wait to get one of these shirts in the hands of every MVHS student free of charge! [CLICK HERE TO VOTE](#)

## FOLLOW MVHStv ON FACEBOOK!

For all the latest news, sports, announcements, and more, follow [MVHStv on Facebook](#).

## College & Career Center

November 8

**College Application Workshop:** during advisory, in the library for assistance with your college application.

**Financial Aid Help Session:** During all 3 lunches, in C&C Center

### MVHS Clubs

**ART Club** - meets Tues/Thurs, 2:30-4, AG1

**AVID Club** - every other Monday, CTE-1, 2:40

**FBLA** - Mondays, 2:35PM, CTE9

**FCCLA**- meets Mondays, 2:45 pm, NM321

**FFA** - Mondays, 2:40pm, in CTE2

**Debate Team** - Mon/Tue, 3-5pm, Admin 114

**Key Club** - Weds, Early Release, 2:45pm, N206

**LUCHA Club**- Thursday's at 2:30 in NM223

**Outdoor Leadership** -Fridays, 2:40pm, Friendship Cir

**Pacific Islander Assoc.**-Thurs, 2:45pm, OM108

**Pride Club** - Mondays, 2:45pm, OM308

**Robotics Team**- Tues/Fri, 3:30- 6:30 in CTE 10.

**TSA** - meets Thursdays, 2:45pm, CTE 6

### Important Numbers:

**Athletic Office: 360-428-6191**

Sports Schedules and Event Information

**Attendance Office: 360-428-6153**

Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**

Registration, Schedules, Transcripts, Running Start

**Transportation: 360-428-6147**

Bus and Schedule Information

### Useful Links

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHSTV](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

### MVSD STUDENT HEALTH SERVICES

#### HEALTH SERVICE QUESTIONS?

Click [MVSD Student Health Services](#) to find the answers.

#### COVID QUESTIONS?

Click [MVSD COVID Information Page](#) to find answers?

## Homecoming Portraits Available

All proceeds go towards the free/reduced lunch student discount on yearbooks. [MVHS Homecoming Photos 22/23](#)

## Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

## Join Us Every Day After School!

The Boys and Girls Club meets everyday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](#) or talk to a staff member at the club.

## Afterschool Homework Help? Bulldog EDGE

Monday-Thursday in the MVHS Library from 2:30-4pm

## The After School Activities Bus

runs M-TH (except early release days) picks you up outside the cafeteria at 4. You will need a bus pass from your teacher and/or activity advisor.

## New Bulldog Spirit Gear Store

VHS has switched vendors for our online spirit gear store. The new Under Armour store can be found by visiting the following:

[MVHS Sprit Gear Store](#)

## Check out our MVHS Art Department!

They are doing amazing things! [Click Here!](#)

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#### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

# NOVEMBER 2022

## Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7-Nov</b>	<b>8-Nov</b>	<b>9-Nov</b>	<b>10-Nov</b>	<b>11-Nov</b>
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
<b>14-Nov</b>	<b>15-Nov</b>	<b>16-Nov</b>	<b>17-Nov</b>	<b>18-Nov</b>
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
<b>21-Nov</b>	<b>22-Nov</b>	<b>23-Nov</b>	<b>24-Nov</b>	<b>25-Nov</b>
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
<b>28-Nov</b>	<b>29-Nov</b>	<b>30-Nov</b>	<b>1-Dec</b>	<b>2-Dec</b>
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



EACH LUNCH COMES COMPLETE WITH  
SALAD BAR OR FRESH VEGETABLE,  
CHOICE OF FRESH FRUIT, AND MILK

Meal Prices:  
Elementary Breakfast & Lunch: No  
Charge  
Adult Lunch & Salad Bar: \$5.00  
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149