



MVHS DAILY BULLETIN

Tuesday, November 29, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-11:50	3rd/7th
11:55-12:25	Lunch B
12:30-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch C
1:15-2:30	4th/8th

IMPORTANT DATES

- December Early Release Days: Dec. 7 & 14
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023
- Second Semester Starts: January, 31, 2023

UPCOMING ACTIVITIES & EVENTS

Tuesday, November 29:

- AWAY
- V Girls Bowling @ Anacortes HS, 3pm, Riverside Lanes
- HOME
- C/JV/V Boys Basketball vs Lake Stevens HS, 5:40/7pm

Wednesday, November 30:

- GEAR UP Financial Aid Help, 4- 5:30pm, MVHS CCC
- 9th Grade College Bound Workshop, @lunch, in CCC

Thursday, December 1:

- National Honor Society meeting, 2:40pm, MVHS Aud.

Friday, December 2:

- MVSD Winter Mariachi Festival. MVHS AUD, 7pm

National Honor Society meeting Thursday,
December 1st at 2:40pm in the auditorium for all members. See you there!

Winter Mariachi Show

The MVSD Winter [Mariachi Festival](#) is this Friday December 2nd at the Mount Vernon High School Auditorium Featuring MV Mariachi and Baildores de Bronce Join us for this Free Concert! Viva Mariachi!

Bulldog Gear for Gifts this Holiday?

Come to the MVHS athletic office between 8am -2:45 pm, M-F where we have four different items on sale for \$30 each. We accept cash, check, or card. You can also order from online store. <https://mountvernon-highschool.itemorder.com/shop/home/>

GEAR UP Presents

Class 2023, come to CCC on November 30th, 4-5:30pm, if you haven't completed your financial Aid Application and need help with it. This is a space for parents and/or students to have extra support in this process.

9th Grade College Bound Workshop

Freshmen, join us in the College & Career Center on Wednesday 11/30 for a College Bound Workshop during all lunches (first 30 students per lunch). Lunch and raffle prizes will be provided! Contact afranklin@mvsd320.org with questions.

Senior Corner

It's scholarship time! The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more.

Final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

College Application Deadlines - [Click Here](#)

Graduation: June 9, 2023, held at Angel of the Winds Arena, Everett, WA 7pm

AFTER SCHOOL OPPORTUNITIES:

Bulldog E.D.G.E. - Homework help, M-F, 2:30-4pm,
Early Release, 12:30-2:45pm MVHS Library

Boys & Girls Club -Activities/Games, M-F, 2:30-5pm,
MVHS Cafeteria, sign up at skagitclubs.org

Late Bus - M-R, 4pm pick up, E.R.days 3pm, cafeteria

MVHS CLUBS

ART Club - meets Tues/Thurs, 2:30-4, AG1

AVID Club - every other Monday, CTE-1, 2:40

FBLA - Mondays , 2:35PM, CTE9

FCCLA- meets Mondays, 2:45 pm, NM321

FFA - Mondays, 2:40pm, in CTE2

Debate Team - Mon/Tue, 3-5pm, Admin 114

Gaming Club - White Thursdays, 2:30-4pm, N120

Key Club - Weds,Early Release, 2:45pm, N206

LUCHA Club- Thursday's at 2:30 in NM223

Outdoor Leadership -Frid's,2:40pm,Friendship Cir

Pacific Islander Assoc.-Thurs, 2:45pm, OM108

Pride Club - Mondays, 2:45pm, OM308

Robotics Team- Tues/Fri, 3:30- 6:30 in CTE 10.

TSA - meets Thursdays, 2:45pm, CTE 6

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules,Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

USEFUL LINKS

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHSTV](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

[Student Health Services](#)

[MVHS Facebook](#)

[MVHS Instagram](#)

[MVHS Counseling](#)

Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: mgnpxvs Science Night is 4/20/23

Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at pzimmer@mvsd320.org or by phone at 360.428.6256.

Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

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MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

NOVEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



**EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE,
CHOICE OF FRESH FRUIT, AND MILK**

Meal Prices:

Elementary Breakfast & Lunch: No Charge

Adult Lunch & Salad Bar: \$5.00

Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149



DECEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-DEC	6-DEC	7-DEC	8-DEC	9-DEC
PEPERONI CALZONES MARINARA SAUCE TREAT FRESH FRUIT AND VEGETABLES 1% WHITE MILK AND CHOCOLATE MILK	CHICKEN STRIPS DORITOS FRESH FRUIT SALAD BAR 1% WHITE MILK OR CHOCOLATE MILK	MANDARIN ORANGE CHICKEN STEAMED RICE & VEGGIES FRESH FRUIT SALAD BAR 1% WHITE MILK OR CHOCOLATE MILK	PASTA BAKE ROLL FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK	CHICKEN BACON RANCH BURGER FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK
12-DEC	13-DEC	14-DEC	15-DEC	16-DEC
MAX MOZZ BREADSTICKS MARINARA SAUCE FRUIT ROLL UP FRESH FRUIT SALAD BAR 1% WHITE MILK OR CHOCOLATE MILK	BAKED POTATO BAR CHEESE & SOUR CREAM BUTTER CHILI AND BROCCOLI FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK	CORNDOG TATER TOTS FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK	TURKEY GRAVY MASHED POTATOES GREEN BEANS ROLL HOLIDAY CAKE 1% WHITE MILK OR CHOCOLATE MILK	HOT HAM AND CHEESE SANDWICH CHIPS FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK
19-DEC	20-DEC	21-DEC	22-DEC	23-DEC
CHICKEN STRIPS DORITOS FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK	COOK'S CHOICE HOLIDAY TREAT FRESH FRUIT AND VEGETABLES 1% WHITE MILK OR CHOCOLATE MILK	WINTER BREAK - NO SCHOOL		
December 22, 2022 - January 2, 2023				
Back on January 3				

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Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Meal Prices:

Elementary Breakfast & Lunch: No Charge

Adult Lunch & Salad Bar: \$5.00

Side Milk: \$0.75

**EACH LUNCH COMES COMPLETE WITH SALAD BAR OR
FRESH VEGETABLE, CHOICE OF FRESH FRUIT, AND MILK**

