



# MVHS DAILY BULLETIN

Thursday, November 17, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Early Release
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4th/8th
2:35-4:00	9th/10th

## IMPORTANT DATES

- November Early Release Days: Nov. 23
- Thanksgiving Break-No School: Nov 24 & 25
- December Early Release Days: Dec. 7 & 14
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023
- Second Semester Starts: January, 31, 2023

## UPCOMING ACTIVITIES & EVENTS

- Thursday, November 17:**
  - ▶JV/V Girls Bowling @Jackson HS (Bowlero Alley), 3:15pm
- Friday, November 18:**
  - ▶Friendsgiving, Cafeteria, 5:30-10pm
  - ▶Mariachi Concert, MVHS Auditorium, 7pm
- Saturday, November 19:**
  - ▶Music Dept Craft Fair, MVHS Gym, 9am-3pm
- Tuesday, November 22:**
  - ▶Junior College Bingo, C&CC, during lunches

## 'Tis the season for Winter Illnesses

We are seeing a variety in our schools. Please keep your students home if they have signs or symptoms of illness, and call the school office right away to report absences. Visit our Student Health Services website for more information.

## Your Friendsgiving Invitation

Hosted by Boys & Girls Club it will be in the MVHS Cafeteria, Friday, Nov 18th, 5:30-10pm. We'll be sharing a meal together & enjoying some awesome activities to celebrate the season. We'll be finishing with Charlie Brown Thanksgiving & a surprise movie!

## GEAR UP Presents

Class 2023, come to CCC on November 30th, 4-5:30pm, if you haven't complete your financial Aid Application and need help with it. This is a space for parents and/or students to have extra support in this process.

## Juniors

you are all invited to College Bingo on Tuesday 11/22. In the College and Career Center in NM104 During your lunch time. Food will be provided.

## Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at [pzimmer@mvsd320.org](mailto:pzimmer@mvsd320.org) or by phone at 360.428.6256.

## Senior Corner

**It's scholarship time!** The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more.

**Final day to order your Senior Ad** is 2-1-2023. The price will is \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

**Graduation:** June 9, 2023, Angel of the Winds Arena, 7pm

# COLLEGE & CAREER CENTER

College Application Deadlines - [Click Here](#)

## MVHS CLUBS

- ART Club - meets Tues/Thurs, 2:30-4, AG1
- AVID Club - every other Monday, CTE-1, 2:40
- FBLA - Mondays, 2:35PM, CTE9
- FCCLA- meets Mondays, 2:45 pm, NM321
- FFA - Mondays, 2:40pm, in CTE2
- Debate Team - Mon/Tue, 3-5pm, Admin 114
- Gaming Club - White Thursdays, 2:30-4pm, N120
- Key Club - Weds, Early Release, 2:45pm, N206
- LUCHA Club- Thursday's at 2:30 in NM223
- Outdoor Leadership -Frid's, 2:40pm, Friendship Cir
- Pacific Islander Assoc.-Thurs, 2:45pm, OM108
- Pride Club - Mondays, 2:45pm, OM308
- Robotics Team- Tues/Fri, 3:30- 6:30 in CTE 10.
- TSA - meets Thursdays, 2:45pm, CTE 6

## IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**  
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**  
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**  
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**  
Bus and Schedule Information

## USEFUL LINKS

- [Art Department](#)
- [College & Career Center](#)
- [Music Department](#)
- [MVHSTV](#)
- [Athletic Event Schedule](#)
- [MVHS Website](#)
- [Student Health Services](#)
- [TEA WITH DR. V](#)
- [Student Health Services](#)
- [MVHS Facebook](#)
- [MVHS Instagram](#)

# Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: mgnpxvs Science Night is 4/20/23

## After School Opportunities

**Bulldog E.D.G.E. offers homework help.** Monday -Thursday in the MVHS Library from 2:30-4pm. Homework help, academic support, study & test taking strategies, study groups, snacks and more.

**The Boys and Girls Club offers fun.** Monday - Friday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](http://skagitclubs.org) or talk to a staff member at the club.

**The Late Bus** runs M-TH. Pick-up is outside the cafeteria at 4pm. Early Release days at 3pm. You will need a bus pass from your teacher and/or activity advisor.

## Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

## Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

*If you would like to receive the*

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### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

# NOVEMBER 2022

## Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7-Nov</b>	<b>8-Nov</b>	<b>9-Nov</b>	<b>10-Nov</b>	<b>11-Nov</b>
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
<b>14-Nov</b>	<b>15-Nov</b>	<b>16-Nov</b>	<b>17-Nov</b>	<b>18-Nov</b>
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
<b>21-Nov</b>	<b>22-Nov</b>	<b>23-Nov</b>	<b>24-Nov</b>	<b>25-Nov</b>
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
<b>28-Nov</b>	<b>29-Nov</b>	<b>30-Nov</b>	<b>1-Dec</b>	<b>2-Dec</b>
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



EACH LUNCH COMES COMPLETE WITH  
SALAD BAR OR FRESH VEGETABLE,  
CHOICE OF FRESH FRUIT, AND MILK

Meal Prices:  
Elementary Breakfast & Lunch: No  
Charge  
Adult Lunch & Salad Bar: \$5.00  
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149