



# MVHS DAILY BULLETIN

## Thursday, November 4, 2021 Green Day - 2 Hour Testing Schedule

### MVHS Main Campus 2 Hour Testing Schedule

### MVHS South Campus 2 Hour Testing Schedule

Time	Period
8:00-9:55	Advisory/Testing
10:00-10:55	1st/5th
11:00-11:55	2nd/6th
<b>11:55-12:25</b>	<b>Lunch A</b>
12:30-1:30	3rd/7th
12:00-12:30	3rd/7th
<b>12:30-1:00</b>	<b>Lunch B</b>
1:05-1:30	3rd/7th
12:00-1:00	3rd/7th
<b>1:00-1:30</b>	<b>Lunch C</b>
1:35-2:30	4th/8th
2:35-4:00	9th/10th

This weeks Bell Schedule	
<b>Monday</b>	White Day - Regular Schedule
<b>Tuesday</b>	Green Day - 2 Hour Testing Schedule
<b>Wednesday</b>	White Day- Early Release
<b>Thursday</b>	Green Day - 2 Hour Testing Schedule
<b>Friday</b>	White Day- 1 Hour Testing Schedule

Time	Period
7:50-9:45	Advisory/Testing
9:50-10:45	1st/5th
10:50-11:45	2nd/6th
<b>11:45-12:15</b>	<b>Lunch A</b>
12:20-1:20	3rd/7th
11:50-12:20	3rd/7th
<b>12:20-12:50</b>	<b>Lunch B</b>
12:55-1:20	3rd/7th
11:50-12:50	3rd/7th
<b>12:50-1:20</b>	<b>Lunch C</b>
1:25-2:20	4th/8th
2:35-4:00	9th/10th

### 2021-2022 Important Dates:

Nov. Early Release Days: Wednesdays, Nov. 17 & 24

**Daylight Savings: Sunday, November 7, 2021**

No School-Veterans Day: Thursday, Nov 11

Winter Sports Start: November 15, [Sign Up Here](#)

Thanksgiving Holiday: November 25 & 26

Winter Holiday: December 20-31

### Senior Corner

**Class of 2022 it's time to order Cap & Gowns** for graduation from Jostens. Just click here: [Cap & Gown Order](#) to begin the process of ordering the graduation items you will need for your special day.

**If you have completed your Financial Aid Application**, come to the College and Career Center for a reward! Need help completing your application? Come see us for help. We are here before school, during all lunches and after school.

**Financial Aid Event:** Nov 10, 5:30-7:30pm This virtual event is offered by Washington Council. Click here to register: [Register for 11/10 Event](#)

**Virtual College Fairs:** Nov. 14, 10am-3pm. To register, click here: [Register for 10/14 Event](#)

**Graduation Date:** June 8, 2022

### Meet our New TRIO Academic Counselor!

Welcome Lily Mentzer to MVHS. TRIO Educational Talent Search is a federally funded program hosted by the University of Washington. Their mission is to promote opportunities for high school students seeking to pursue higher education and provide support services to limited income and first generation college students. (A first generation college student is someone whose parents/guardians do not have a college degree). If this sounds like a program you are interested in, visit Lily in the College and Career Center on Mondays and Tuesdays or email her at [lmentzer@uw.edu](mailto:lmentzer@uw.edu)

### Thanksgiving Canned Food Drive October 1 - November 9

Donate by bringing non-perishable food items, mittens, socks, jackets or blankets to your advisory class.

### Your ASB would like to celebrate your day

by wishing you a happy birthday during our morning announcements as well as deliver a card to you. If you would like to be included in this student appreciation project, please fill out [this form](#).

If you would like to receive the **MVHS DAILY BULLETIN** please submit this form: [FILL OUT FORM](#)

## News From the Athletic Department

### Winter Sports Begin November 15th!

#### Sign up for Winter Sports Here?

Winter Sports start November 15th, please don't wait until the last minute to try to get eligible! Go to [Final Forms](#) and complete all your forms so you can participate the first day!

#### Attention all wrestlers!

There is a mandatory team meeting for both boys and girls wrestling THIS THURSDAY, November 4th! Come to the mat room directly after school! If you are in a fall sport that is still practicing, please come to the mat room before going to practice. Email Coach Landis with questions

#### Bulldog Girls Basketball

begins on November 15th...less than two weeks away. If you plan to play, please make sure you sign up in [Final Forms](#) and that all your Final Forms documents are complete, including a current athletic physical. If you need assistance see the athletic office or one of our coaches, Ms. Hagg or Ms. Eckert.

#### Open Weight Room!

IF you are looking to lift weights in preparation for sports, to make up missed PE classes or just to get in shape, come join us in the MVHS Weight Room for open workout times. The weight room will be open Mon, Wed and Fri after school 2:45-4:00 pm and before school Tue and Thurs 6:45-7:45!

#### Looking for new Bulldog Gear to wear?

Check out the online [School Store](#).

#### Is there a team event today?

Check out the bulldog schedule here

[MVHS Bulldog Athletic Schedule](#)

## Freshmen South Campus Anxiety Stress Relief Support Group

Come to the 3rd floor auditorium (on South Campus each Thursdays & Fridays during all lunches for Anxiety / Stress Relief Support Group. We will be learning about anxiety coping techniques and engaging in stress relieving activities such as breathing exercises, art, and listening to music. Led by Ariana Franklin (Communities in Schools Site Coordinator). Please email any questions: [afranklin@mvsd320.org](mailto:afranklin@mvsd320.org)

## National Honor Society meeting

Today, Nov 4th @ 7:15am in the gym

## MVHS Club News

**Art club** meets Tuesday & Thursday, 2:30-4 in AG 1

**FFA** meets Mondays after school in CTE2.

**Pride Club** meets on Mondays, 2:40 pm NM 308.

**Science & Earth Club** meets Thursdays @ 2:30 in NM305

**Gaming club** meets every green Thursday in NM 120.

**Social Justice Club** meets Mondays, 2:30-3pm, NM 207.

**French Club** - meets Wednesdays, 12:35-1:15 in PB8.



## Questions about our Student Health Services?

*Click here to have all  
of them answered*

[MVSD Student Health Services](#)

### NONDISCRIMINATION

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