



MVHS DAILY BULLETIN

Wednesday, September 15th, 2021 White Day - Early Release Schedule

MVHS Main Campus Early Release Schedule

Time	Period
8:00-8:55	1st/5th
9:00-9:55	2nd/6th
9:55-10:25	Lunch A
10:30-11:30	3rd/7th
10:00-10:25	3rd/7th
10:30-11:00	Lunch B
11:05-11:30	3rd/7th
10:00-10:55	3rd/7th
11:00-11:30	Lunch C
11:35-12:30	4th/8th
12:35-1:30	5th/9th

This weeks Bell Schedule

Monday	White Day
Tuesday	Green Day- Advisory
Wednesday	White Day-Early Release
Thursday	Green Day
Friday	White Day

MVHS South Campus Early Release Schedule

Time	Period
7:50 - 8:45	1st/5th
8:50 - 9:45	2nd/6th
9:45 - 10:15	Lunch A
10:20 - 11:20	3rd/7th
9:50-10:15	3rd/7th
10:20-10:50	Lunch B
10:55-11:20	3rd/7th
9:50 - 10:45	3rd/7th
10:50 - 11:20	Lunch C
11:25 - 12:20	4th/8th
12:35 - 1:30	5th/9th

Important Dates:

Picture Retakes: Thursday, October 21, 2021

Senior Portraits Due: Friday, October 29, 2021

[Click here to Upload your photo](#)

Attention Leaders:

Election applications are due on Friday, September 17th. It is not too late to consider applying to be an ASB officer or a class senator. If you want to make sure events like Prom and traditional senior activities are well planned, we need your voice. If you have any questions, please see Mr. Hornbacher in CT4.

MVHS Club News

FBLA (Future Business Leaders of America) will be meeting Mondays after school in CTE-9. See you there!

Key Club's first meeting is **TODAY, Wednesday, September 15th** after-school in room N206. Want to get involved with your community? Need volunteer hours? Love to wear purple? Join us on Sept 15th! We are open to all and love to see new faces.

All girls who plan on playing Girls Basketball

this year are invited to our first Open Gym this Sunday, Sept. 19, from 6:30-7:30 PM. Open Gym is a time to work on your basketball skills and hoop it up with friends who also love basketball. We hope to see you there!

Open Weight Room!

IF you are looking to lift weights in preparation for sports, to make up missed PE classes or just to get in shape, come join us in the MVHS Weight Room for open workout times. The weight room will be open Mon, Wed and Fri after school 2:45-4:00 pm and before school Tue and Thurs 6:45-7:45!

Reminder:

The third floor of new main is closed during lunch. There is no eating on the 3rd floor of new main. Please eat lunch in the cafeteria or friendship circle!

Join Debate Practice!

Mondays & Tuesdays from 3-6 pm in Ms. Breum's room, NM224 and Zoom on Wednesdays from 7-9pm. Join us before October 15th!

Signing up for sports?

Head to the Athletic Office located in the Gym

Is there a team event today?

Check out the bulldog schedule here

[MVHS Bulldog Athletic Schedule](#)

Looking for new Bulldog Gear to wear?

Check out the online [School Store](#).

Yearbooks on sale now at the ASB office

\$65 for full pay students

\$55 for F/R Lunch students

The MVHS College & Career Center is open for business.

All students are welcome to stop by and learn more about careers and college options. College Representatives will be visiting MVHS to speak with juniors and seniors about their college, the application process and more. Seniors can find assistance with post secondary plans, college applications, financial aid and scholarship information and more! All of this information is available on the MVHS College and Career Center.

https://sites.google.com/mvbsd320.org/mvhscoll_egeandcareercenter/home

Multilingual Office is looking for reliable TA'S

for 1st and 4th period. Please stop by Admin 114 and see Mrs. Gonzalez for more information

Hey Bulldogs!

Did you know that Education and Determination Generate Excellence! **Bulldog E.D.G.E.** is an after school program for students to work on schoolwork and is open to ANY MVHS student! Held in the MVHS library Monday through Thursday from 2:30-4:15, beginning this week. Use this time to work on schoolwork or get tutoring help. There will be a late bus for those who need transportation. Bus passes will be issued to Bulldog E.D.G.E. students at 4:00. Direct any questions to Mrs. Love in CTE 3 or see the bulletin board in the hallway outside the library.

MVHS Parking News

A parking permit is needed to park anywhere on the MVHS campus. Parking permits can be purchased in the ASB office. Parking on campus without a valid parking permit is a 20\$ fine and can result in your vehicle being towed from campus at your expense. If you have any questions, please contact the security office at MVHS

Grade/Grad Year	Your Google Classroom Code
Freshman 2025	c26chgy
Sophomore 2024	jfcnzcg
Junior 2023	scayne3
Senior 2022	zt2hgkt

Questions about our Student Health Services?

*Click here to have all
of them answered*

[MVSD Student Health Services](#)

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.



High School

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back to School!</p>		<p>1-Sep Corn Dogs Tater Tots Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>2-Sep Chicken Strips Fries Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>3-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White milk or Chocolate</p>
<p>6-Sep Labor Day! No School. No Food Service.</p>	<p>7-Sep Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit Side Salad 1% White Milk or Chocolate Milk</p>	<p>8-Sep Mandarine Orange Chicken Rice/ Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>9-Sep Popcorn chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>10-Sep Pizza (Variety of choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>13-Sep Corn Dog Tater Tots Red Grapes Veggies 1% White Milk or Chocolate Milk</p>	<p>14-Sep Bacon Ranch Chicken Burger French Fries Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>15-Sep Pasta Bake Texas Toast Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>16-Sep Tamale Hot Sauce Jicama & Lime Fresh Fruit 1% White Milk or Chocolate Milk</p>	<p>17-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>20-Sep Super Pretzel w/ Cheese Sauce for dipping Caesar Salad Fresh Fruit & Veggies 1% White Milk or Chocolate Milk</p>	<p>21-Sep Popcorn Chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>22-Sep Teriyaki Beef Dippers Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>23-Sep Nacho Bites Flama Chips/Salsa Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>24-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>27-Sep Cheese Stuffed Breadsticks Marinara Sauce Side Salad Fruit 1% White Milk or Chocolate Milk</p>	<p>28-Sep Breakfast For Lunch Pancaes Omelette Sausage Link/Fruit 1% White Milk or Chocolate Milk</p>	<p>29-Sep Egg Rolls Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>30-Sep Burrito/Garden Salsa Chips W/ Hot Sauce Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>1-Oct Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with solid bar or fresh vegetable, choice of fresh fruit, and milk



Meal Prices:

Student Lunch	Free
Adult Lunch	\$4.00
Side Milk	\$0.50

Important News:

Mount Vernon School District recently changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.