Green/White Schedule	
8:00 – 9:25	1st/5th Period
9:30 – 10:55	2nd/6th Period
11:00 – 11:30	**Lunch A**
11:35 – 1:00	3rd/7th Period
11:00 – 11:45	3rd/7th Period
11:50 – 12:20	**Lunch B**
12:25 – 1:00	3rd/7th Period
11:00 – 12:25	3rd/7th Period
12:30 – 1:00	**Lunch C**
1:05 – 2:30	4th/8th Period
2:35 – 4:00	9th/10th Period

The Daily Bulletin
Tuesday, December 3rd
Green Day

Weekly Bell Schedule December 2-6

Monday	White
Tuesday	Green
Wednesday	White-Assembly
Thursday	Green
Friday	White

NEWS UPDATES

Wouldn't it be great if...

the school cafeteria served food that you looked forward to eating? And YOU were part of the influence for change? Please take a moment to fill out this survey and help us improve our school's meal program! https://www.surveymonkey.com/r/VGSLTWY

Hunger in America exists for over 50 million people.

That is 1 in 6 of the U.S. population – including more than 1 in 5 children. Even one item can help reduce Skagit Valley's food insecurity by donating non-perishable food items in the canned food drive boxes located in: OM Main Office, outside the Library, outside the ASB/Athletics Office, North Hall by the vending machines and in the cafeteria by the southwest entrance from the friendship Circle. Please bring your non-perishable food items to help support our local food banks during this time of year. Thank you in advance for your generosity.

Social Justice Club is having a menstrual product drive starting today.

You may have seen their baskets in bathrooms around campus but they need your help to keep them full. If you would like to donate unused and still packaged pads, tampons, and/or liners please feed them to the menstrual product monster in the cafeteria. For more information contact Hannah Oliver, the club advisor at holiver@mvsd320.org

Do you have warm, lightly warn winter clothing items?

If so, please consider donating them to the Winter Warmth Clothing Drive! You can find the drop off locations in NM 302 ½ and outside the library! We are accepting the following items: coats, rain jackets, hoodies, gloves, hats and new socks! Please help keep all bulldogs warm this winter.

Christmas Fun Volunteer needed to:

❉ answer phones and register families on the computer from November 11th-December 6th. Shifts available are 1-3 PM & 3-5 PM Monday-Friday at the Skagit County Fairgrounds. We need both English and Spanish speakers.

❉ help distribute gifts on December 11th & 12th. Shifts available are 1:30-4 PM, 4-6 PM, & 6-8 PM at the Skagit County Fairgrounds. If you would like to volunteer, please call us at (360)419-7263. *Santa says "THANKS" for your help!*

-------------------SENIORS------------------------

SENIORS: Central Washington University will be in the MVHS College and Career Center this Wednesday during 2nd and 3rd lunch to help seniors complete their CWU Application.

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
2-Dec	3-Dec	4-Dec	5-Dec	6-Dec
Beef Dippers Steamed Rice/egg roll Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	**Buffalo Bites** with Seasoned Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Pasta Bake** Garlic Bread Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Meatball Sub** Doritos Chips Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Variey Pizza** Caesar Salad/Mini Rice Krispie Salad & Fruit Bar **Nonfat Chocolate Milk**
9-Dec	10-Dec	11-Dec	12-Dec	13-Dec
Mandarin Orange Chicken Steamed Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	**Teriyaki Burger** Seasoned Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Breakfast for Lunch** Omelet, Biscuit, Country Gravy Sausage Links & Bluberries Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Turkey & Gravy** Mashed Potatoes Cranberry Sauce & Roll/Green Beans Dessert Nonfat & 1% Milk **Nonfat Chocolate Milk**	**French Bread Pizza** Caesar Salad/Mini Rice Krispie Salad & Fruit Bar **Nonfat Chocolate Milk**
16-Dec	17-Dec	18-Dec	19-Dec	20-Dec
Teriyaki Chicken Steamed Rice Egg Roll Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Beef Chili** CornBread Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk** *Harvest of the Month!*	**Popcorn Chicken** Spicy Fries Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Spicy Chicken Burger** with Chips Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**	**Variety Pizza** Caesar Salad Holiday Treat! Salad & Fruit Bar Nonfat & 1% Milk **Nonfat Chocolate Milk**
23-Dec	24-Dec	25-Dec	26-Dec	27-Dec
		Winter Break - No School		
30-Dec				
No School. Back Jan 6				

Harvest of the Month.

B E A N S are the seeds from flowering plants in the Fabaceae family and are classified as legumes. They usually grow in pods, which are capsules with several beans inside. These pods or capsules develop from flowers. Other legumes include peas, peanuts, and lentils.

Beans contain amino acids, which are the chemicals that combine to form

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Services Director, at (360) 428-6149.

**Each lunch comes complete with
salad bar or fresh vegetable, choice of fresh fruit, and milk!**