

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch B</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Monday, April 8, 2019  
 White Day  
 Spring Break 4/01-4/05



Weekly Bell Schedule 04/08-04/12	
Monday	White
Tuesday	Green
Wednesday	White-Advisory
Thursday	Green
Friday	White

## News Updates

### Science Night

Science Night is Thursday, April 25, from 5-8pm. We have exciting, hands-on Science activities for all ages, community exhibitors that use science in their daily work, college & universities, rocket launching, planetarium shows, and more! We also have food trucks, so you can even get dinner here now! We look forward to seeing you there!

### Science Night Shirts

! If you'd like to order this year's Science Night shirt, you should order by Sunday April 7<sup>th</sup> (but it's easier to just order before spring break!) You can get ordering info from your Science Teacher, the MVHS Science Night website, or from Science Night's Facebook page.

<https://mvscience19.itemorder.com/sale>

### Prom

Prom this year will be April 27<sup>th</sup> at Maplehurst Farm in Mount Vernon from 8-11pm. Tickets will be \$12 each and for sale the week of Prom both in the ASB office and at lunches on Thursday 25<sup>th</sup> and Friday 26<sup>th</sup>.

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157  
 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192  
 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143



April Showers Bring May Flowers



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
<p><b>NO SCHOOL</b></p> <p><b>SPRING BREAK</b></p>						
7	8	9	10	11	12	13
	<p><b>Popcorn Chicken</b> Seasoned Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Spicy Chicken Burger</b> Cool Ranch Doritos Sakuma Strawberries w/whip Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Creamy Chicken Alfredo</b> Garlic Bread Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Buffalo Chicken Pizza</b> Caesar Salad Mini Rice Krispies Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Cheese Stuffed Breadsticks</b> Marinara Sauce/Churros Salad &amp; Fruit Bar Nonfat Chocolate Milk</p>	
14	15	16	17	18	19	20
	<p><b>Chicken Chow Mein</b> Stir Fried Veggies/Egg Roll Fortune Cookie Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Teriyaki Chicken Burger</b> French Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Mini Cheese Ravioli</b> w/Meat sauce Garlic Bread Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Smothered Burrito</b> Rice Black Bean and Corn Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>French Bread Pizza</b> Caesar Side Salad Salad &amp; Fruit Bar Nonfat Chocolate Milk</p>	
21	22	23	24	25	26	27
	<p><b>Teriyaki Beef Dippers</b> With Brown rice/Broccoli Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Chicken Bacon Ranch Burger</b> Baked Chips Sakuma Blueberries w/whip Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Buffalo Chicken Bites</b> Flama Chips Mixed Fruit Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Meatball Sub</b> Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Variety Pizza</b> Caesar Side Salad Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	
28	29	30	1	2	3	4
	<p><b>Mandarin Orange Chicken</b> with Brown Rice Broccoli Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Grilled Cheese Sandwich</b> Tomato Soup Goldfish Crackers Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>				