

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch B</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Tuesday, March 26, 2019

White Day



Weekly Bell Schedule 03/25-03/29	
Monday	Green
Tuesday	White
Wednesday	Green
Thursday	White-Early Release
Friday	Green-Early Release

## News Updates

### Spring Conferences

Spring conferences will be March 28<sup>th</sup> in the High School Cafeteria and Library from 2-5 and 6-8.

### Science Night

Science Night is Thursday, April 25, from 5-8pm. We have exciting, hands-on Science activities for all ages, community exhibitors that use science in their daily work, college & universities, rocket launching, planetarium shows, and more! We also have food trucks, so you can even get dinner here now! We look forward to seeing you there!

### Science Night Shirts

! If you'd like to order this year's Science Night shirt, you should order by Sunday April 7<sup>th</sup> (but it's easier to just order before spring break!) You can get ordering info from your Science Teacher, the MVHS Science Night website, or from Science Night's Facebook page.

<https://mvscience19.itemorder.com/sale>

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

## **Seniors**

It's scholarship season. You may need a letter of recommendation for upcoming scholarships. If so, allow plenty of time to request these letters from teachers. Also make sure to allow time to request transcripts. If you have any questions, stop by the College and Career Center before break!

## **JUNIORS**

The College and Career Center is offering a field trip to University of Washington the week after spring break on April 11<sup>th</sup>. If you are interested in attending University of Washington, stop by the College and Career Center today to pick up your permission slip.



# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	<b>Teriyaki Chicken</b> With Brown Rice Sliced Peaches/Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Mini Burgers</b> French Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Breakfast for Lunch</b> Whole Grain Waffle Sausage Links Applesauce cup Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Chicken Pot Pies</b> Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
3	4	5	6	7	8	9
	<b>Mandarin Orange Chicken</b> Egg Roll Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Spicy Chicken Burger</b> Chips Coleslaw Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Creamy Alfredo w/ spinach</b> Roll Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Buffalo Chicken Bites</b> Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
10	11	12	13	14	15	16
	<b>Teriyaki Beef Dippers</b> Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Hot Ham and Cheese</b> Sunchips Carrot Sticks Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Cook's Choice Day!</b> Secret Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Fish Sticks and Fries</b> Cole Slaw Salad & Fruit Bar Nonfat Chocolate Milk	
17	18	19	20	21	22	23
	<b>Buffalo Chicken Bites</b> WG Frosted Sugar Cookie! Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Chicken Chow Mein</b> Stir Fried Veggies Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Meatball Sub</b> Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Cheese Stuffed Breadsticks</b> With marinara sauce Spinach Salad Nonfat Chocolate Milk	
24	25	26	27	28	29	30
	<b>Teriyaki Chicken</b> Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Grilled Cheese</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Breakfast for Lunch</b> Mini Maple Pancakes Sausage Links Strawberries Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Bacon Ranch</b> Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	