Regular Schedule			Weekly Bell Schedule 03/04-03/08	
8:00-9:25	1 st /5 th period		0.	0/04-03/06
9:30-10:55	2 nd /6 th period	The Daily Bulletin	Monday	White
11:00-11:30	Lunch A	Thursday, March 7, 2019		
11:35 -1:00	3 rd /7 th period	Green Day	Tuesday	Green
11:00-12:25	3 rd /7 th period	See See	Wednesday	White-Advisory
12:30-1:00	Lunch B		Thursday	Green
1:05-2:30	4 th /8 th period		Friday	White Early
2:35-4:00	9 th /10 th period	-	rriuay	White-Early Release

Class Photo

News Updates

On Wed, MARCH 13th, Skagina will be taking an all school photo in the Friendship Circle during advisory. We will also be taking all class photos for Freshmen, Sophomores, and Juniors. Please make sure you are in attendance so you don't miss out on the exciting photo event. Students are encourages to wear their class color that day.

> Freshmen-Green Sophomores-Grey Juniors-White Seniors-Black

Spotlight on Women

The College and Career Center would like to invite 9th, 10th, and 11th grade female students to an exciting field trip at McIntyre Hall on Thursday, March 21st 8:00am-2:00pm. The field trip is "Spotlight on Women in STEM" sponsored by Skagit STEM. The field trip features companies such as Microsoft, Facebook, Amazon, Paccar, Hexcel, as well as women in Healthcare! Permission slips are available in the College and Career Center.

> Important Phone Numbers for the High School Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

> > ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

Science Night

Science Nigh will be Thursday, April 25, from 5-8pm. We have exciting, hands-on Science activities for all ages, community exhibitors that use science in their daily work, college & universities, rocket launching, planetarium shows, and more! We also have food trucks, so you can even get dinner here now! We look forward to seeing you there!

Gaming Club

Student of MVHS, are you interested in playing games such as Magic the Gathering, Dungeons and Dragons, Warhammer 90K, or Super Smash Brothers? If so, visit the MVHS gaming club in room FA6 on Thursdays from 2:45-5:00. If you have questions, you can contact the president at <u>20thasolson@students.mvsd320.org</u>, or visit our site at Skagit.mvhsgaming.club.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	Teriyaki Chicken With Brown Rice Sliced Peaches/Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Mini Burgers French Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Breakfast for Lunch Whole Grain Waffle Sausage Links Applesauce cup Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Chicken Pot Pies Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
3	4	5	6	7	8	9
	Mandarin Orange Chicken Egg Roll Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spicy Chicken Burger Chips Coleslaw Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Creamy Alfredo w/ spinach Roll Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Buffalo Chicken Bites Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
10	11	12	13	14	15	16
	Teriyaki Beef Dippers Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Hot Ham and Cheese Sunchips Carrot Sticks Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cook's Choice Day! Secret Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Fish Sticks and Fries Cole Slaw Salad & Fruit Bar Nonfat Chocolate Milk	
17	18	19	20	21	22	23
	Buffalo Chicken Bites WG Frosted Sugar Cookie! Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Chicken Chow Mein Stir Fried Veggies Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Meatball Sub Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cheese Stuffed Breadsticks With marinara sauce Spinach Salad Nonfat Chocolate Milk	
24	25	26	27	28	29	30
	Teriyaki Chicken Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Grilled Cheese Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Breakfast for Lunch Mini Maple Pancakes Sausage Links Strawberries Salad & Fruit Bar Nonfat & 1% Milk	Chicken Bacon Ranch Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	