

Advisory Schedule	
8:00-9:15	1 <sup>st</sup> /5 <sup>th</sup> period
9:20-9:50	Advisory
9:55-11:10	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:15-11:45</b>	<b>Lunch A</b>
11:50 -1:10	3 <sup>rd</sup> /7 <sup>th</sup> period
11:15-12:35	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:40-1:10</b>	<b>Lunch B</b>
1:15-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Wednesday, February 20, 2019

White Day



Weekly Bell Schedule 2/18-2/22	
Monday	No School
Tuesday	Green
Wednesday	White-Advisory
Thursday	Green
Friday	White

## News Updates

### Cheer Tryouts

If you would like to try out for Cheer next year, please attend the following meetings;

**Feb. 1<sup>st</sup> Informational Tryout Meeting NM 321 at 2:45 \*\*Tryout packets Released\*\***

Feb. 6<sup>th</sup> Open Gym 6:30-8pm

Feb. 12<sup>th</sup> Open Gym 6:30-8pm

Feb. 27<sup>th</sup> Parent Meeting 6pm MVHS Library

Feb. 28<sup>th</sup> Last day to turn in Applications to Mrs. Whitman (mailbox or classroom NM 321)

Tryouts are March 4, 5, 6 & 7<sup>th</sup> 6-8pm in the Mat room

\*All athletic paperwork must be completed & turned in prior to first night of tryouts!

### SPRING SPORTS

All Spring sports start Feb. 25<sup>th</sup>. All paperwork and sports participation fees are due by Feb. 20<sup>th</sup>. Please stop by the Athletic Office to see Mrs. Stahlecker to get anything you need for Spring Sports.

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### **Class Photo**

On Wed, Feb 27<sup>th</sup>, Skagina will be taking an all school photo in the Friendship Circle during advisory. We will also be taking all class photos for Freshmen, Sophomores, and Juniors. Please make sure you are in attendance so you don't miss out on the exciting photo event. Students are encouraged to wear their class color that day.

Freshmen-Green  
Sophomores-Grey  
Juniors-White  
Seniors-Black

### **Spotlight on Women**

The College and Career Center would like to invite 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> grade female students to an exciting field trip at McIntyre Hall on Thursday, March 21<sup>st</sup> 8:00am-2:00pm. The field trip is "Spotlight on Women in STEM" sponsored by Skagit STEM. The field trip features companies such as Microsoft, Facebook, Amazon, Paccar, Hexcel, as well as women in Healthcare! Permission slips are available in the College and Career Center.

### **Financial Aid Application**

The College and Career Center is hosting Skagit Valley College on Wednesday during both lunches to help seniors with their Financial Aid Applications and/or their SVC Applications. Stop by!



# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	<b>No School</b>	<b>Cook's Choice</b> Mini Rice Krispie Treat Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Mini Burgers</b> Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Hot Ham and Cheese Sands</b> Doritos Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
3	4	5	6	7	8	9
	SNOW DAY	<b>Spicy Chicken Burger</b> French Fries Coleslaw Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Mandarin Orange Chicken</b> W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Pasta Bake w/ Marinara &amp; Cheese</b> Garlic Bread Green Beans Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Buffalo Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
10	11	12	13	14	15	16
	<b>Teriyaki Beef Dippers</b> w/ Brown Rice Egg Roll Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Hot Ham and Cheese</b> Doritos Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Alfredo Chicken</b> Roll Green Beans Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Chicken Buffalo Bites</b> Fries/Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	
17	18	19	20	21	22	23
	<b>No School! President's Day</b>	<b>Cheese Breadsticks</b> w/Marinara Sauce Sun chips Coleslaw Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Macaroni and Cheese</b> Roll Peas Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Meatball Sub/Chips</b> Rice Krispie Treat Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Pepperoni and Cheese Pizza</b> Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	
24	25	26	27	28	1	2
	<b>Teriyaki Chicken</b> With Brown Rice Sliced Peaches/Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Mini Burgers</b> French Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Breakfast for Lunch</b> Whole Grain Waffle Sausage Links Applesauce cup Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Chicken Pot Pies</b> Salad & Fruit Bar 1% Milk & NF Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	