Regular Schedule					
8:00-9:25	1 st /5 th period				
9:30-10:55	2 nd /6 th period				
11:00-11:30	Lunch A				
11:35 -1:00	3 rd /7 th period				
11:00-12:25	3 rd /7 th period				
12:30-1:00	Lunch B				
1:05-2:30	4 th /8 th period				
2:35-4:00	9 th /10 th period				

The Daily Bulletin

Tuesday, February 19, 2019 Green Day



Weekly Bell Schedule 2/18-2/22				
Monday	No School			
Tuesday	Green			
Wednesday	White-Advisory			
Thursday	Green			
Friday	White			

News Updates

Cheer Tryouts

If you would like to try out for Cheer next year, please attend the following meetings;

Feb. 1st Informational Tryout Meeting NM 321 at 2:45 **Tryout packets Released**

Feb. 6th Open Gym 6:30-8pm Feb. 12th Open Gym 6:30-8pm

Feb. 27th Parent Meeting 6pm MVHS Library

Feb. 28th Last day to turn in Applications to Mrs. Whitman (mailbox or classroom NM 321)

Tryouts are March 4, 5, 6 & 7th 6-8pm in the Mat room *All athletic paperwork must be completed & turned in prior to first night of tryouts!

SPRING SPORTS

All Spring sports start Feb. 25th. <u>All paperwork and sports participation</u> <u>fees are due by Feb. 20th.</u> Please stop by the Athletic Office to see Mrs. Stahlecker to get anything you need for Spring Sports.

Spring Softball

If you are planning to play Softball this Spring, we are having a meeting Tuesday, 2/19, right after school in G-5.

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 **Counseling Office**: 428-6156 Fax: 428-6157 **Attendance**: 428-6153 Fax: 428-6201 **Athletic Office**: 428-6191 Fax 428-6192

ASB: 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

Class Photo

On Wed, Feb 27th, Skagina will be taking an all school photo in the Friendship Circle during advisory. We will also be taking all class photos for Freshmen, Sophomores, and Juniors. Please make sure you are in attendance so you don't miss out on the exciting photo event. Students are encourages to wear their class color that day.

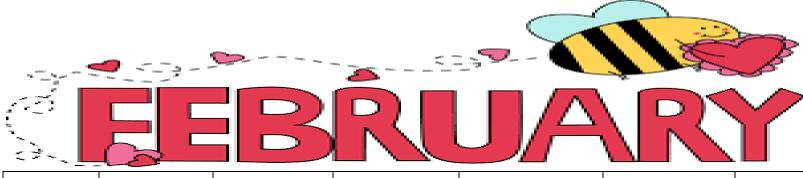
Freshmen-Green Sophomores-Grey Juniors-White Seniors-Black

Spotlight on Women

The College and Career Center would like to invite 9th, 10th, and 11th grade female students to an exciting field trip at McIntyre Hall on Thursday, March 21st 8:00am-2:00pm. The field trip is "Spotlight on Women in STEM" sponsored by Skagit STEM. The field trip features companies such as Microsoft, Facebook, Amazon, Paccar, Hexcel, as well as women in Healthcare! Permission slips are available in the College and Career Center.

Financial Aid Application

The College and Career Center is hosting Skagit Valley College on Wednesday during both lunches to help seniors with their Financial Aid Applications and/or their SVC Applications. Stop by!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	No School	Cook's Choice Mini Rice Krispie Treat Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Mini Burgers Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Hot Ham and Cheese Sands Doritos Salad & Fruit Bar 1% Milk & NF Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
3	4	5	6	7	8	9
	SNOW DAY	Spicy Chicken Burger French Fries Coleslaw Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Mandarin Orange Chicken W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Pasta Bake w/ Marinara & Cheese Garlic Bread Green Beans Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Buffalo Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
10	11	12	13	14	15	16
	Teriyaki Beef Dippers w/ Brown Rice Egg Roll Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Hot Ham and Cheese Doritos Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Alfredo Chicken Roll Green Beans Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Chicken Buffalo Bites Fries/Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	
17	18	19	20	21	22	23
	No School! President's Day	Cheese Breadsticks w/Marinara Sauce Sun chips Coleslaw Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Macaroni and Cheese Roll Peas Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Meatball Sub/Chips Rice Krispie Treat Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Pepperoni and Cheese Pizza Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	
24	25	26	27	28	1	2
	Teriyaki Chicken With Brown Rice Sliced Peaches/Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Mini Burgers French Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Breakfast for Lunch Whole Grain Waffle Sausage Links Applesauce cup Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Chicken Pot Pies Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar 1% Milk & NF Chocolate Milk	