

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Tuesday, December 18, 2018

Green Day



Weekly Bell Schedule 12/17-12/21	
Monday	White
Tuesday	Green
Wednesday	No School
Thursday	No School
Friday	No School

## News Updates

### Holiday Happenings

Spirit Days: We are going to have spirit/dress up days to spread holiday cheer this week.

Monday Flannel Family Photo Day

Tuesday Ugly Sweater Day

### Cocoa and Canes

Our holiday tradition of a live staff band performing before winter break will be continuing on here at MVHS. Come check them out in cafeteria during lunches today!

### LIVE: MVHSTV

MVHStv is now on Instagram. Stay up to date on live streams, news, sports, and most importantly, school update.

### Science Night Shirts

Design the 2019 Science Nigh Shirt this year! Entries are DUE Friday, January 25<sup>th</sup> by 12:30pm. See a teacher for the rules and entry form or pick one up in the main office!

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### **Open Weight Room**

Open weight Room in the Mornings

Monday, Wednesday, Thursday 6:30-7:30 AM

Open Weight Room in the Afternoons

Tuesday, Wednesday, Thursday 2:45-4:00 PM

### **PE CBA Makeups**

PE CBA makeups are scheduled for Wednesday, January 16<sup>th</sup>. Meet in the gym, with Mr. Flores at 7am to sign in and prepare to complete the mile, crunch test, and seated stretch reach.

### **NHS Tutoring**

NHS will be hosting end of the semester tutoring in the Library, M-TH, from 2:30 to 3:30 starting December 10<sup>th</sup>. If you are a struggling student or need a quiet place to study for finals/end of the semester, come on by!

# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2	3	4	5	6	7	8	
	<b>Beef Dippers</b> w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheeseburger Mac</b> Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk		
9	10	11	12	13	14	15	
	<b>Mandarin Orange Chicken</b> W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Homemade Chicken Pot Pie</b> Salad & Fruit Bar Nonfat & 1% Milk	<b>Hot Ham and Cheese Sandwich</b> Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk		
16	17	18	19	20	21	22	
	<b>Buffalo Bites</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cooks Choice Day!</b> Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk	<b>Winter Break</b>				
23	24	25	26	27	28	29	
	<b>Winter Break</b>						
30	1	2	3	4	5	6	
	<b>Winter Break</b>		Back to School!				