

HIGH SCHOOL & BEYOND PLAN + CULMINATING PROJECT

CLASS OF 2019

Career Cruising

is the web platform we will use to complete your High School and Beyond Plan (HSBP) + CP.

Access:

**MVHS Homepage
School Links: Career
Cruising (choose Google
account)**

**Granting Parent Access:
Click on My Plan, then
Share My Plan and
Invite Parent/Guardian**

Students, advisors, and parents can access and track student progress.

PLANNING HELP **Required Assignments**

1: Career Cruising (CC):

Matchmaker Assessment

Questions on your interests & traits which matches you to potential careers

2: CC: My Post-Secondary Plan

Selecting Career and Educational Goals to better plan for how to reach them

3. Job Shadow (see back)

Complete a 4 to 8 hour shadow of a career of interest, reflect and connect experience to plan

4. CC: Activities & Experiences

Build your resume with the skills and experiences you acquire through high school and the community

5. CC: Course Planning

Input courses into your course planner to reflect your above goals

6. Presentation

Present your HSBP + CP and high school experience to freshmen

TIMELINE

March-May - Plan

Use Career Cruising to complete the matchmaker assessment and research

May-Oct - Job Shadow

Execute your job shadow (see back)

Oct to Feb - HSBP

Use Career Cruising to complete the HSBP assignments

MARCH 2019 - Present

Present your high school experience, including HSBP & CP, to freshmen

RUNNING START & NWCTA STUDENTS!

Both HSBP & CP are run through advisory. If you are not in advisory - YOU MUST JOIN CLASSROOM & CHECK YOUR EMAIL. RST students see your counselor for more options.

JOIN THE CLASSROOM

Classroom Code: 7rqwjvb

CULMINATING PROJECT: PLANNING YOUR JOB SHADOW

Step 1: Find a Career of Interest

Career Cruising Matchmaker Assessment
Identify 2-3 careers that you would be interested in shadowing. Learn more about this career (salary, skills, etc.)

Step 2: Arrange a Shadow

Find local options of businesses, professionals, etc which do this career. Make contact and arrange a shadow. Prepare for your shadow.

Step 3: Complete & Reflect

Take notes and pictures, ask questions, get your forms signed. Complete your reflection and submit to your advisor.

THE REQUIREMENTS

- min. 4 hours of shadow time (can be divided)
- cannot be “friends”, family or at MVHS
- pictures of experience
- supervisor signature and evaluation form
- reflection form

INSTRUCTIONS & FORMS

Posted to Career Cruising
Posted to G Classroom
Copies available outside NM 203

How to Find a Person or Place to Shadow

Google local businesses or professionals in your career area and “cold call”

Ask your advisor, parents, teachers, or Mrs. Weimer for assistance

Visit the College and Career Center

You may need to contact multiple places, multiple times to make arrangements.

BE PATIENT YET PERSISTENT
if you're told it is possible.

PHONE CONVERSATION TIPS

Write a draft

Introduce yourself and your purpose. What do you hope to gain?

Know your availability.

Before you call: know requirements and your availability. It is often hard to reschedule and you should not miss your opportunity.

Ask what you'll need.

Specific dress? Paperwork?
Background check?

Be Polite

Please and Thank you!

If you already planned a **Skill Based** or **Community Service** project as your Culminating Project, please see Mrs. Weimer in NM 203 for a Job Shadow Waiver form asap. Waiver forms are due May 15, 2018.

They will be decided on a case by case basis.