

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

FRIDAY, MAY 25, 2018

WHITE DAY



WEEKLY BELL SCHEDULE 5/21-5/25	
Monday	White
Tuesday	Green
Wednesday	White
Thursday	Green
Friday	White

NEWS UPDATES

Sport Physicals 2018

MVHS sport physicals will be held in the Field House June 5th 5:30-7:00pm.
Check can be made payable to MVHS for \$20.

Middle School Cheer Clinic

The MVHS Cheerleaders will be hosting a middle school cheer clinic at the end of this month in the MVHS main gym. If you know a middle schooler in the area who felt too old for our youth camp but would love to cheer/dance this is the perfect fit! All area middle schoolers welcome, males & females. At the end of the 3rd day of clinic, they will put on a performance of the material they have learned.

Participants simply need to bring a filled out copy of their flyer to register the first night of clinic. Fliers to register will also be available at the door on the 29th & are on the MVHS website. Link is below:

<https://docs.google.com/document/d/1KABivdKyq7DI4AfBvtmepOZzuR3iUD6zmD6ohEIUwkc/edit?usp=sharing>



15 days left of School
9 days left for Seniors

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

2018 Graduating Seniors

Important Graduation Dates

Wednesday, March 28 Caps, gowns, announcements handed out in the cafeteria during lunches

Wednesday, April 18 **Mandatory** Senior Meeting Advisory Cafeteria, 9:20 am

Thursday, April 26 Career Fair & Science Night 5:30-8:00

Saturday, April 28 Junior/Senior Prom @ Crystal Ballroom, Bellingham, 8-11pm

Tuesday, May 15 Showcase and Department Awards Cafeteria, 6:00pm

Wednesday May 16 Senior celebration-Gym during science testing

Thursday, May 17 AVID Senior Night—Cafeteria, 6:00 pm

Wednesday, May 23 Senior Scholarships & Awards Night Cafeteria, 6:00 pm

Monday, June 4 Senior Finals periods 1 & 2, Attend periods 3 & 4, Yearbook distribution Cafeteria 2:30-4:30

Tuesday, June 5 Senior Finals periods 5 & 6, Attend periods 7 & 8

Wednesday, June 6 Mandatory Graduation Practice Gym, 8 AM to 10 AM. Receive check-out sheet, Senior Finals Period 3 & 4, Senior Checkout 10-3, Baccalaureate, Bethany Covenant Church

Thursday, June 7 Mandatory Graduation Practice Gym, 8 AM to 10 AM. Moving Up Assembly-Gym 10-11, Senior Finals Periods 7 & 8, Senior Checkout 11-3.

Friday, June 8 Graduation Gym-7pm. Senior Class Breakfast, School Tours & Parade, Cafeteria 8:30 AM, Seniors report to Cafeteria by 6:00pm, Dress-up attire, Cap and Gown, Reception Outside Cafeteria

June 25-28 Pick-up Diplomas in the Counseling Office 7:30-3pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
	Buffalo Chicken Bites Biscuit Pears Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Potato Smiles Salad & Fruit Bar Nonfat & 1% Milk	Turkey Noodle Soup Goldfish Crackers Melons Salad & Fruit Bar Nonfat & 1% Milk	Chicken Nachos With Salsa Salad & Fruit Bar Nonfat & 1% Milk	Cheese Stuffed Breadsticks With Marinara Sauce Caesar Salad/with a Treat Nonfat Chocolate Milk	
6	7	8	9	10	11	12
	Sweet and Sour Pork Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Chicken Salad Sands Sun chips Carrotteenes Salad & Fruit Bar Nonfat & 1% Milk	White Chicken Chili Chips Melons Salad & Fruit Bar Nonfat & 1% Milk	Popcorn Chicken W/ Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Beef Philly Cheesesteak Seasoned Fries Salad & Fruit Bar Nonfat Chocolate Milk	
13	14	15	16	17	18	19
	Mandarin Orange Chicken with Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Lasagna Roll Up Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	Beef Soft Taco Seasoned Pinto Beans Salad & Fruit Bar Nonfat & 1% Milk	Chicken Noodle Casserole Roll Green Beans Nonfat Chocolate Milk	
20	21	22	23	24	25	26
	Chicken Teriyaki Brown Rice Mandarin Orange Slices Steamed Broccoli Nonfat & 1% Milk	Chicken Strips Fries Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	Grilled Cheese Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Omelet Sausage Links Biscuits & Gravy Applesauce Nonfat & 1% Milk	Chicken Alfredo with Spinach Garlic Bread Nonfat Chocolate Milk	
27	28	29	30	31	1	2
	No School!	Cook's Choice Day Pink Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spaghetti w/Meat sauce Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	Burrito w/Cilantro Lime Brown Rice Salsa Salad & Fruit Bar Nonfat & 1% Milk	Crunchy Chicken Hawaiian Wraps Cookie Salad & Fruit Bar Nonfat Chocolate Milk	