

| Regular Schedule   |  |
|--------------------|--|
| 8:00-9:25          | 1 <sup>st</sup> /5 <sup>th</sup> period  |
| 9:30-10:55         | 2 <sup>nd</sup> /6 <sup>th</sup> period  |
| <b>11:00-11:30</b> | <b>Lunch A</b>                           |
| 11:35 -1:00        | 3 <sup>rd</sup> /7 <sup>th</sup> period  |
| 11:00-11:45        | 3 <sup>rd</sup> /7 <sup>th</sup> period  |
| <b>11:50-12:20</b> | <b>Lunch B</b>                           |
| 12:25-1:00         | 3 <sup>rd</sup> /7 <sup>th</sup> period  |
| 11:00-12:25        | 3 <sup>rd</sup> /7 <sup>th</sup> period  |
| <b>12:30-1:00</b>  | <b>Lunch C</b>                           |
| 1:05-2:30          | 4 <sup>th</sup> /8 <sup>th</sup> period  |
| 2:35-4:00          | 9 <sup>th</sup> /10 <sup>th</sup> period |

# THE "DOG DISH"

**MONDAY, MAY 21, 2018**

**WHITE DAY**



| WEEKLY BELL SCHEDULE<br>5/21-5/25 |       |
|-----------------------------------|-------|
| Monday                            | White |
| Tuesday                           | Green |
| Wednesday                         | White |
| Thursday                          | Green |
| Friday                            | White |

## NEWS UPDATES

### 2018-2019 Football Season

If you are playing football and have not seen Coach Vasilchek to sign up, please do so ASAP. Also, you need to check in with Mrs. Stahlecker to see if you are eligible. Equipment handout starts May 21<sup>st</sup> and you will not be issued equipment if you are not eligible.

### Sport Physicals 2018

MVHS sport physicals will be held in the Field House June 5<sup>th</sup> 5:30-7:00pm. Check can be made payable to MVHS for \$20.

### Middle School Cheer Clinic

The MVHS Cheerleaders will be hosting a middle school cheer clinic at the end of this month in the MVHS main gym. If you know a middle schooler in the area who felt too old for our youth camp but would love to cheer/dance this is the perfect fit! All area middle schoolers welcome, males & females. At the end of the 3<sup>rd</sup> day of clinic, they will put on a performance of the material they have learned.

Participants simply need to bring a filled out copy of their flyer to register the first night of clinic. Fliers to register will also be available at the door on the 29<sup>th</sup> & are on the MVHS website. Link is below:

<https://docs.google.com/document/d/1KABivdKyq7DI4AfBvtmepOZzuR3iUD6zmD6ohEIUwkc/edit?usp=sharing>

## IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

**Main Office:** 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157  
**Attendance:** 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192  
**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

## 2018 Graduating Seniors

### Important Graduation Dates

**Wednesday, March 28** Caps, gowns, announcements handed out in the cafeteria during lunches

**Wednesday, April 18** **Mandatory** Senior Meeting Advisory Cafeteria, 9:20 am

**Thursday, April 26** Career Fair & Science Night 5:30-8:00

**Saturday, April 28** Junior/Senior Prom @ Crystal Ballroom, Bellingham, 8-11pm

**Tuesday, May 15** Showcase and Department Awards Cafeteria, 6:00pm

**Wednesday May 16** Senior celebration-Gym during science testing

**Thursday, May 17** AVID Senior Night—Cafeteria, 6:00 pm

**Wednesday, May 23** Senior Scholarships & Awards Night Cafeteria, 6:00 pm

**Monday, June 4** Senior Finals periods 1 & 2, Attend periods 3 & 4, Yearbook distribution Cafeteria 2:30-4:30

**Tuesday, June 5** Senior Finals periods 5 & 6, Attend periods 7 & 8

**Wednesday, June 6** **Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Receive check-out sheet, Senior Finals Period 3 & 4, Senior Checkout 10-3, Baccalaureate, Bethany Covenant Church

**Thursday, June 7** **Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Moving Up Assembly-Gym 10-11, Senior Finals Periods 7 & 8, Senior Checkout 11-3.

**Friday, June 8** **Graduation** Gym-7pm. Senior Class Breakfast, School Tours & Parade, Cafeteria 8:30 AM, Seniors report to Cafeteria by 6:00pm, Dress-up attire, Cap and Gown, Reception Outside Cafeteria

**June 25-28** **Pick-up Diplomas** in the Counseling Office 7:30-3pm.



| Sunday | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday |
|--------|--|--|--|---|--|----------|
| 29     | 30   | 1  | 2  | 3   | 4  | 5        |
|        | <b>Buffalo Chicken Bites</b><br>Biscuit<br>Pears<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                      | <b>Mini Burgers</b><br>Potato Smiles<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                    | <b>Turkey Noodle Soup</b><br>Goldfish Crackers<br>Melons<br>Salad & Fruit Bar<br>Nonfat & 1% Milk      | <b>Chicken Nachos</b><br>With Salsa<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                                | <b>Cheese Stuffed Breadsticks</b><br>With Marinara Sauce<br>Caesar Salad/with a Treat<br>Nonfat Chocolate Milk |          |
| 6      | 7  | 8  | 9  | 10  | 11   | 12       |
|        | <b>Sweet and Sour Pork</b><br>Brown Rice<br>Steamed Broccoli<br>Salad & Fruit Bar<br>Nonfat & 1% Milk          | <b>Chicken Salad Sands</b><br>Sun chips<br>Carrotteenes<br>Salad & Fruit Bar<br>Nonfat & 1% Milk | <b>White Chicken Chili</b><br>Chips<br>Melons<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                 | <b>Popcorn Chicken</b><br>W/ Potato Wedges<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                         | <b>Beef Philly Cheesesteak</b><br>Seasoned Fries<br>Salad & Fruit Bar<br>Nonfat Chocolate Milk                 |          |
| 13     | 14   | 15   | 16   | 17  | 18   | 19       |
|        | <b>Mandarin Orange Chicken</b><br>with Brown Rice<br>Steamed Broccoli<br>Salad & Fruit Bar<br>Nonfat & 1% Milk | <b>Spicy Chicken Burger</b><br>French Fries<br>Salad & Fruit Bar<br>Nonfat & 1% Milk             | <b>Lasagna Roll Up</b><br>Garlic Bread<br>Steamed Peas<br>Salad & Fruit Bar<br>Nonfat & 1% Milk        | <b>Beef Soft Taco</b><br>Seasoned Pinto Beans<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                      | <b>Chicken Noodle Casserole</b><br>Roll<br>Green Beans<br>Nonfat Chocolate Milk                                |          |
| 20     | 21   | 22   | 23   | 24  | 25   | 26       |
|        | <b>Chicken Teriyaki</b><br>Brown Rice<br>Mandarin Orange Slices<br>Steamed Broccoli<br>Nonfat & 1% Milk        | <b>Chicken Strips</b><br>Fries<br>Mixed Fruit<br>Salad & Fruit Bar<br>Nonfat & 1% Milk           | <b>Grilled Cheese</b><br>Tomato Soup<br>Goldfish Crackers<br>Salad & Fruit Bar<br>Nonfat & 1% Milk     | <b>Breakfast for Lunch</b><br>Omelet<br>Sausage Links<br>Biscuits & Gravy<br>Applesauce<br>Nonfat & 1% Milk | <b>Chicken Alfredo with Spinach</b><br>Garlic Bread<br>Nonfat Chocolate Milk                                   |          |
| 27     | 28   | 29   | 30   | 31  | 1  | 2        |
|        | <b>No School!</b>  | <b>Cook's Choice Day</b><br>Pink Cookie<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                 | <b>Spaghetti w/Meat sauce</b><br>Garlic Bread<br>Steamed Peas<br>Salad & Fruit Bar<br>Nonfat & 1% Milk | <b>Burrito</b><br>w/Cilantro Lime<br>Brown Rice<br>Salsa<br>Salad & Fruit Bar<br>Nonfat & 1% Milk           | <b>Crunchy Chicken Hawaiian Wraps</b><br>Cookie<br>Salad & Fruit Bar<br>Nonfat Chocolate Milk                  |          |