

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

THURSDAY, FEBRUARY 15, 2018


WHITE DAY



WEEKLY BELL SCHEDULE 2/12-2/16	
Monday	Green
Tuesday	White
Wednesday	Green Extended Advisory
Thursday	White
Friday	No School

NEWS UPDATES

SENIORS

 Culminating Project Portfolios are due February 23rd. Portfolio workshops will be held Wednesdays after school in NM 203 if you need help. All seniors must complete the project to graduate!

Juniors & Seniors

If you are interested in attending Skagit Valley College after high school, then join us for the SVC Try A Trade Day on Feb 22nd. Please sign up in the College and Career Center.

Pizza with a Professional is a great way to learn about careers from professionals in our community while enjoying free pizza. Sign up on the College and Career Center website or stop by the College and Career Center.

Job Opportunity

RoozenGaarde & Tulips is looking for some 16 year and above students that are customer service oriented individuals who enjoy working with people in a dynamic, fun-filled environment during this year's Tulip Festival!



- *Entrance Greeter
- *Store Sales/Cashiers
- *Flower Stand Sales
- *Parking Attendants
- *Bulb Booth Sales
- *Certified Flagger



Apply in person: 15867 Beaver Marsh Rd. Mount Vernon. EOE

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157
Attendance: 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192
ASB: 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

Athletics

- ❖ **Girls Golf:** Please see Miss Hagg in NM 222 by Feb. 20th to sign up for the Golf Team. Not only will it be SUNNY every single day of spring, but it's a great way to meet new people and learn the game of golf! Please sign up today! Practice begins Feb. 26th. Please get all the paperwork from the Athletic Office, it is due by Feb. 20th.



- ❖ **Boys Golf:** All guys planning on golfing for MVHS this spring please meet in Mr. Wolffis' room, NM208, immediately after school TODAY, Thursday February 15th for a short meeting about the first week.
- ❖ **Attention all wrestlers!** The wrestling banquet is this Tuesday, 2/20, from 5-7pm in the MVHS Cafeteria. All wrestlers and their families are invited to attend. Please bring a dish/food to share, as this banquet is a potluck. You can bring a homemade dish or a store bought dish. We will provide plates, bowls glasses and utensils.
- ❖ **Cheer:** Cheer Tryout Applications are available in the Athletic Office for current 9-11th graders. Application are DUE on or before Feb. 28th. Tryouts begin March 3rd and all paperwork must be turned in and completed prior to participating. Mandatory Parent Meeting is Feb. 20th 6:30pm in the library.



Sadie's Dance

Sadie's Dance (Tolo) is next Friday Feb. 23rd in the cafeteria! It is a White Out, Lights Out theme- wear all white and we'll supply the neon. Grab your friends and go! It is from 8-11pm, tickets will be for sale next week in the ASB office and on Thursday/Friday next week during lunches. \$2 with ASB, \$4 without.

Clubs!

- Earth club is meeting Thursdays after school in NM306! Join us!
- (Student Library Advisory Board) meets 1st and 3rd Wednesday of each month in the library.
- Writing club, come join us every Monday in OM204 from 2:40-3:30!
- Avid Club will be meeting on Mondays! Join us at 2:40 in OM104.
- Come to FCCLA every Thursday at 2:45 in NM321.
- Dance Club meets Mondays after school in NM206.

GET INVOLVED!

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February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				French Dip Sandwich Fries Salad & Fruit Bar Nonfat & 1% Milk	Nachos w/Beef Taco Meat & Salsa Salad & Fruit Bar Nonfat Chocolate Milk	
4	5	6	7	8	9	10
	Mandarin Orange Chicken w/ Brown Rice Broccoli & Sliced Pears Salad & Fruit Bar Nonfat & 1% Milk	BBQ Pulled Pork Sandwich Coleslaw Salad & Fruit Bar Nonfat & 1% Milk	Rotini Pasta & Meat sauce Garlic Bread Green Beans Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	Enchiladas Mixed Fruit Salad & Fruit Bar Nonfat Chocolate Milk	
11	12	13	14	15	16	17
	Teriyaki Beef Dippers Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken and Cheese Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	 French Bread Pizza Caesar Side Salad M&M Cookie! Salad & Fruit Bar Nonfat & 1% Milk	Burrito w/ salsa & nacho cheese chips Diced Peaches Salad & Fruit Bar Nonfat & 1% Milk	No School!	
18	19	20	21	22	23	24
	No School! President's Day	Cooks Choice Day! Nonfat & 1% Milk	Rotini Chicken Alfredo Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Spud Bowl with Popcorn Chicken Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	Cheesy Breadsticks Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	
25	26	27	28	1	2	3
	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Mini Maple Pancakes Sausage Links Applesauce Cup Salad & Fruit Bar Nonfat & 1% Milk			