

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
11:50-12:20	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# THE "DOG DISH"

**TUESDAY, FEBRUARY 6, 2018**

**GREEN DAY**



WEEKLY BELL SCHEDULE 2/5-2/9	
Monday	White
Tuesday	Green
Wednesday	White Advisory
Thursday	Green
Friday	White

## NEWS UPDATES

### Parking Permits

Parking Permits are now \$20. Get your application online or at the ASB Office.



### Science Night

Good news! Science Night IS happening this year! Mark your calendars now! Science Night is Thursday April 26, from 5:30-8:00pm. Student volunteer opportunities coming up SOON!



### SENIORS

 Culminating Project Portfolios are due February 23<sup>rd</sup>. Portfolio workshops will be held Wednesdays after school in NM 203 if you need help. All seniors must complete the project to graduate!

## IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

**Main Office:** 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157  
**Attendance:** 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192  
**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

## Athletics

- ❖ **Football:** If you are interested in playing football this upcoming season, we will have a pre-season meeting after school on Monday, February 12<sup>th</sup>, at 2:45pm in the Weight Room. If you have any questions, see Mr. Vasilchek. If you cannot attend, you MUST contact Coach Vasilchek to set up a 1 on 1 meeting. This is vital and communication will be expected. GO DAWGS!
  
- ❖ **Soccer:** If you are interested in playing soccer this upcoming season, we will have a pre-season meeting after school on Thursday, February 8<sup>th</sup>, at 2:45 pm in NM202. If you have any questions, see Mr. Ibarra.
  
- ❖ **Girls Golf:** Please see Miss Hagg in NM 222 by Feb. 20<sup>th</sup> to sign up for the Golf Team. Not only will it be SUNNY every single day of spring, but it's a great way to meet new people and learn the game of golf! Please sign up today! Practice begins Feb. 26<sup>th</sup>. Please get all the paperwork from the Athletic Office, it is due by Feb. 20<sup>th</sup>.
  
- ❖ **Boys Golf:** All guys planning on golfing for MVHS this spring, please stop by Mr. Wolffis's room in NM208 to pick up some information and sign up for golf. Tryouts begin Feb. 26<sup>th</sup> and you will need all your athletic packets complete before you may practice or tryout. Please stop by during your lunch or immediately following any school day. Please get all your paperwork from the Athletic Office, it is due by Feb 20<sup>th</sup>.
  
- ❖ **Softball:** There will be a softball meeting on Thursday, February 8, at 2:45 in G-5! If you are interested in playing softball AND meeting the new head coach please come to this very important meeting. GO BULLDOGS!!
  
- ❖ **Cheer:** Open gym this Wednesday Feb. 7<sup>th</sup> 7-8pm main gym. Interested in trying out, come get help on jumps, motions etc.!

Cheer Tryout Applications are available in the Athletic Office for current 9-11<sup>th</sup> graders. Application are DUE on or before Feb. 28<sup>th</sup>. Tryouts begin March 3<sup>rd</sup> and all paperwork must be turned and completed prior to participating. Mandatory Parent Meeting is Feb. 20<sup>th</sup> 6:30pm in the library.

## Clubs!

- Earth club is meeting Thursdays after school in NM306! Join us!
- (Student Library Advisory Board) meets 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month in the library.
- Writing club, come join us every Monday in OM204 from 2:40-3:30!
- Avid Club will be meeting on Mondays! Join us at 2:40 in OM104.
- Come to FCCLA every Thursday at 2:45 in NM321.
- Art Skills Club is meeting this Thursday in CTE-5 at 2:35-3:30. Come check it out and share your passion for the arts while making friends at the same time. We always welcome new members who like any type of art.

**GET  
INVOLVED!**

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# February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				<b>French Dip Sandwich</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Nachos</b> w/Beef Taco Meat & Salsa Salad & Fruit Bar Nonfat Chocolate Milk	
4	5	6	7	8	9	10
	<b>Mandarin Orange Chicken</b> w/ Brown Rice Broccoli & Sliced Pears Salad & Fruit Bar Nonfat & 1% Milk	<b>BBQ Pulled Pork Sandwich</b> Coleslaw Salad & Fruit Bar Nonfat & 1% Milk	<b>Rotini Pasta &amp; Meat sauce</b> Garlic Bread Green Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Enchiladas</b> Mixed Fruit Salad & Fruit Bar Nonfat Chocolate Milk	
11	12	13	14	15	16	17
	<b>Teriyaki Beef Dippers</b> Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken and Cheese</b> Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Happy Valentine's Day <b>French Bread Pizza</b> Caesar Side Salad M&M Cookie! Salad & Fruit Bar Nonfat & 1% Milk	<b>Burrito</b> w/ salsa & nacho cheese chips Diced Peaches Salad & Fruit Bar Nonfat & 1% Milk	<b>No School!</b>	
18	19	20	21	22	23	24
	<b>No School! President's Day</b>	<b>Cooks Choice Day!</b> Nonfat & 1% Milk	<b>Rotini Chicken Alfredo</b> Green Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Spud Bowl with Popcorn Chicken</b> Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheesy Breadsticks</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	
25	26	27	28	1	2	3
	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Mini Maple Pancakes Sausage Links Applesauce Cup Salad & Fruit Bar Nonfat & 1% Milk			