

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

THURSDAY, FEBRUARY 1, 2018

WHITE DAY



WEEKLY BELL SCHEDULE 1/29-2/2	
Monday	Green AM Advisory
Tuesday	White
Wednesday	Green
Thursday	White
Friday	Green

NEWS UPDATES

Parking Permits

Parking Permits are now \$20. Get your application online or at the ASB Office.

Science Night

Good news! Science Night IS happening this year! Mark your calendars now! Science Night is Thursday April 26, from 5:30-8:00pm. Student volunteer opportunities coming up SOON!

College & Career Center

New Rotary Scholarships are available. Visit the College and Career center or website for more information.

SENIORS

✚ Culminating Project Portfolios are due February 23rd. Portfolio workshops will be help Wednesdays after school in NM 203 if you need help. All seniors must complete the project to graduate!

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157
 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192
 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

Athletics

- ❖ Everyone interested in football next year see Coach Vasilchek in NM 202, 1st/2nd, or 5th/6th periods, or email him at nvasilchek@mvsd320.org
- ❖ There will be a Girls Tennis preseason meeting Monday, Feb. 5th, right after school in the gym. All girls interested should plan to attend.
- ❖ **Girls Golf:** Please see Miss Hagg in NM 222 by Feb. 20th to sign up for the Golf Team. Not only will it be SUNNY every single day of spring, but it's a great way to meet new people and learn the game of golf! Please sign up today! Practice begins Feb. 26th. Please get all the paperwork from the Athletic Office, it is due by Feb. 20th.
- ❖ **Boys Golf:** All guys planning on golfing for MVHS this spring, please stop by Mr. Wolffis's room in NM208 to pick up some information and sign up for golf. Tryouts begin Feb. 26th and you will need all your athletic packets complete before you may practice or tryout. Please stop by during your lunch or immediately following any school day. Please get all your paperwork from the Athletic Office, it is due by Feb 20th.
- ❖ **Cheerleading:** Tryout meeting TODAY, Feb. 1st at 3pm in NM320. All males and females currently in grades 9-11 are eligible. Come and learn requirements, ask question and pick up your application! Tryouts begin the first week of March. Applications are DUE no later than Feb. 28th in the athletic office. Open gym Feb. 7th from 7-8pm in the mat room.
- ❖ **Softball:** There will be a softball meeting on Thursday, February 8, at 2:45 in G-5! If you are interested in playing softball AND meeting the new head coach please come to this very important meeting. GO BULLDOGS!!



Clubs!

- Earth club is meeting Thursdays after school in NM306! Join us!
- (Student Library Advisory Board) meets 1st and 3rd Wednesday of each month in the library.
- Writing club, come join us every Monday in OM204 from 2:40-3:30!
- Avid Club will be meeting on Mondays! Join us at 2:40 in OM104.
- Come to FCCLA every Thursday at 2:45 in NM321.

**GET
INVOLVED!**

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February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				French Dip Sandwich Fries Salad & Fruit Bar Nonfat & 1% Milk	Nachos w/Beef Taco Meat & Salsa Salad & Fruit Bar Nonfat Chocolate Milk	
4	5	6	7	8	9	10
	Mandarin Orange Chicken w/ Brown Rice Broccoli & Sliced Pears Salad & Fruit Bar Nonfat & 1% Milk	BBQ Pulled Pork Sandwich Coleslaw Salad & Fruit Bar Nonfat & 1% Milk	Rotini Pasta & Meat sauce Garlic Bread Green Beans Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	Enchiladas Mixed Fruit Salad & Fruit Bar Nonfat Chocolate Milk	
11	12	13	14	15	16	17
	Teriyaki Beef Dippers Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken and Cheese Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Happy Valentine's Day French Bread Pizza Caesar Side Salad M&M Cookie! Salad & Fruit Bar Nonfat & 1% Milk	Burrito w/ salsa & nacho cheese chips Diced Peaches Salad & Fruit Bar Nonfat & 1% Milk	No School!	
18	19	20	21	22	23	24
	No School! President's Day	Cooks Choice Day! Nonfat & 1% Milk	Rotini Chicken Alfredo Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Spud Bowl with Popcorn Chicken Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	Cheesy Breadsticks Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	
25	26	27	28	1	2	3
	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Mini Maple Pancakes Sausage Links Applesauce Cup Salad & Fruit Bar Nonfat & 1% Milk			