

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

MONDAY, DECEMBER 18, 2017

WHITE DAY



WEEKLY BELL SCHEDULE 12/18-12/22	
Monday	White Day
Tuesday	Green Day
Wednesday	Winter Break
Thursday	Winter Break
Friday	Winter Break

NEWS UPDATES

PARKING

Students and staff. A reminder of parking lot rules. Students who have a GREEN background on their permit are to park in the North lot near New Main. If you have a WHITE background on your permit, you are to park in the South lot near the Gym. If you do not have a permit and choose to park on campus, you will be ticketed, booted, or possibly towed. Also, we ask that all staff park in the Gym lot. Thank you-Security

Attention Work Experience Students

In order to obtain credit for the first semester, you MUST have worked at least 90 hours. These hours must be verified by Mr. Moore Please make sure you turn in your pay stub and fill out the hours worked form **before January 10**. Contact Mr. Moore in CTE9 if you have any questions.

College & Career Center

New Scholarships are posted on the online Scholarship Bulletin regularly. Check the website often, or stop by the College and Career Center to learn more.

<https://mvhscollegecareer.weebly.com/paying-for-college.html>

Bilingual Seniors and Juniors!

Escuchen por favor! Seniors & juniors who are credit deficient & speak Spanish, Russian, or any other language at home are invited to take the Heritage Language test on January 26 to earn language credits on your transcript. The application deadline is **January 12**. For more information, see Ms. Lewis in OM 300, Ms. Gonzalez in OM 105, or Ms. Chuprinov in the CTE Office. Spacebo! (pronounced Spuh-SEE-buh)

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

Athletics

- Everyone interested in football next year see Coach Vasilchek in NM 202, 1st/2nd, or 5th/6th periods, or email him at nvasilchek@mvsd320.org
- If you are interested in playing soccer for the upcoming spring season, there will be an informational soccer meeting **TODAY** at 2:45 in New Main 202 (Mr. Swanson room). If you have questions, see Mr. Ibarra or Mr. Kreft--otherwise see you on Monday at 2:45.

VOLUNTEER OPPORTUNITY!

Hospice of the NW is looking for volunteers! Please contact Hospice Volunteer Services Manager Erin Long 360.814.5588 or email elong@hospicenw.org

MVHS EVENTS!

Are you an MVHS Super Fan? Show your school spirit by downloading the app from any app store. Check in to events, collect points and move up on the leaderboard. You never know what other rewards might be in store for you. Use your school email to register so we can battle it out between classes too! Go Bulldogs!

Lunch Update!

The kitchen crew will be serving the same thing on EVERY LINE, **December 19th** the menu will be French Bread Pizza, Cookie, Caesar Salad and Fruit for everyone. The salad bar will be closed that day.

Clubs!

- Earth club is meeting every Friday after school in NM308! Join us!
- (Student Library Advisory Board) meets 1st and 3rd Wednesday of each month in the library.
- Writing club, come join us every Monday in OM204 from 2:40-3:30! (**There will be no meeting this Monday Dec.18th**)
- Avid Club will be meeting on Mondays! Join us at 2:40 in OM104. (**There will be no meeting this Monday Dec. 18th. The next meeting will be Jan.8th.**)
- Come to FCCLA every Thursday at 2:45 in NM321.
- Art Club's next meeting will be on Jan. 4th in CTE-5 at 2:35- 3:30. See you all there!

SPiRiT WEEk ContInued...!

Monday- Bundle up day

Tuesday- UGLY SWEATER DAY

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Mount Vernon High School Café Lunch Menu



Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches & Pizza	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
Grill	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
WRAPS	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP
Special	Daily Special	Daily Special	Daily Special	Daily Special	Daily Special
Salad Bar	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.